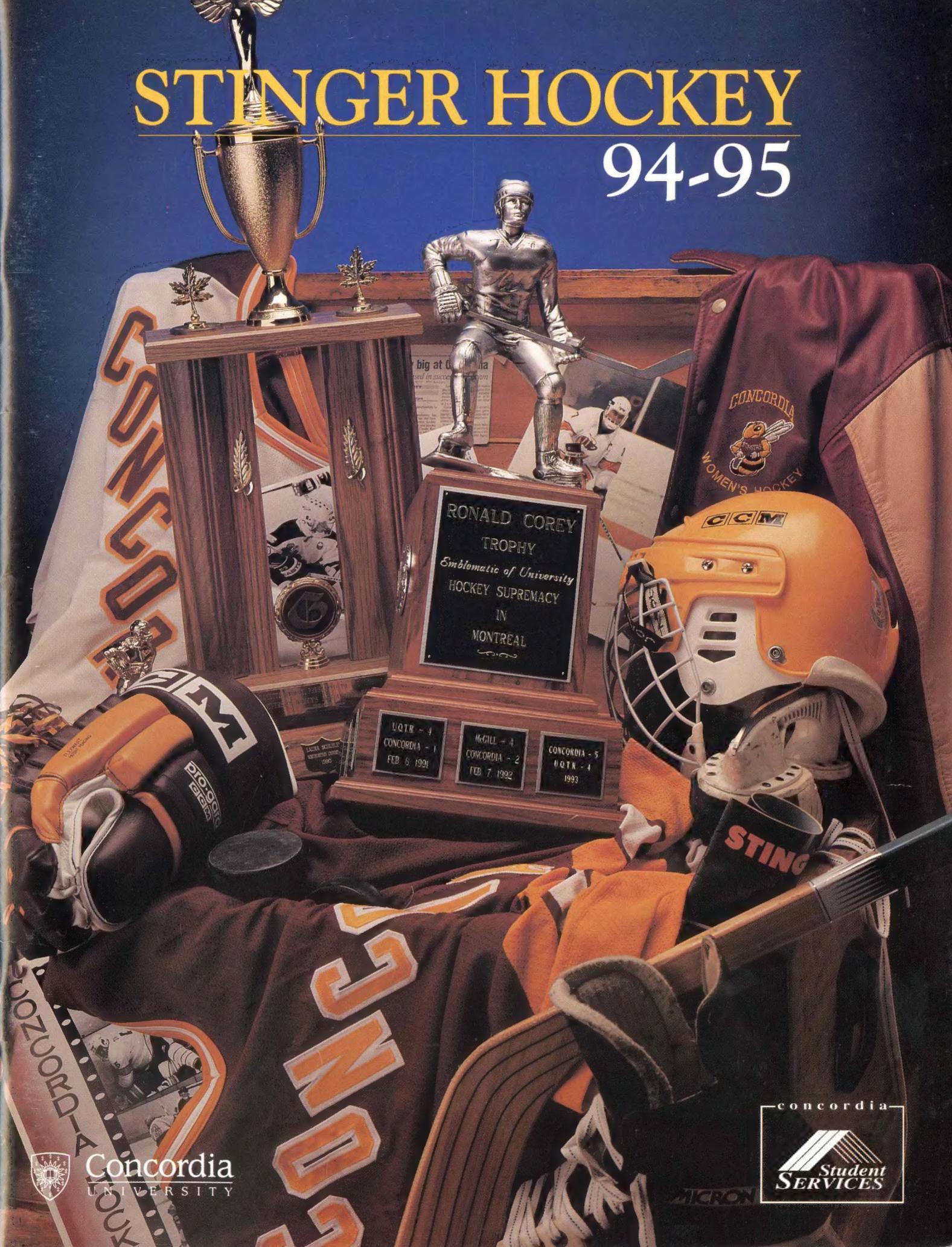


STINGER HOCKEY

94-95



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Harry Zarins

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Interim Rector and
Vice-Chancellor



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Harry Zarins
Director of Recreation and
Athletics

This year will unquestionably be an exciting one for the Department of Recreation and Athletics at Concordia University. With Harry Zarins as director, our excellent coaching staff and the unsurpassed talent of the Stingers teams, we look forward to a year of continued growth, renewed commitment and exciting events.

I warmly welcome our fans and alumni and thank them for their strong support of Concordia athletics. I also offer all our student athletes best wishes for luck and success, both in the classroom and on the courts, the fields and the ice. I know that each athlete will strive for excellence and will wear the Concordia University colors with pride.

Let's all enjoy the 1994-95 season and the challenges that come along with it. Go Stingers

Charles L. Bertrand

Welcome to another season of Stingers varsity sports. This will undoubtedly be a year to remember, as the outstanding promise held by our student athletes is realized.

Recreation and athletics at Concordia are an integral part of a much larger picture: Student Services. The mission and philosophy of Student Services is to "support and promote a student-centred view of education that recognizes that intellectual development and personal growth are intimately connected." Participation in inter-collegiate sports and recreational activities is an important way to enhance the development of our students, in all aspects of their personalities.

Your contributions as fans and spectators are equally significant. Thank you for your encouragement and enjoy the season.

D.L.B.

On behalf of the Department of Recreation and Athletics, I would like to welcome you to another year of exciting intercollegiate sports.

We are very proud of our 1993-94 achievements, which included five league championships and several exceptional performances at the national level. Our athletes and teams will build on the foundations laid down last season, which can only mean even greater goals will be pursued and met.

I wish to salute all our dedicated athletes, coaches and support staff whose efforts do so much to bring recognition and pride to Concordia University. I also wish to thank the many friends, fans and alumni whose generous support and donations help our teams. Your efforts are sincerely appreciated, and we hope to see them continue to grow. As well, a warm welcome is extended to the parents and families of our athletes, coaches and staff.

Enjoy the game. We hope to see you often during the 1994-95 season.

Harry Zarins

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WELCOME TO CONCORDIA UNIVERSITY

With approximately 26,000 students, 3,200 faculty and staff members, and more than 80,000 alumni worldwide, Concordia University is one of Canada's largest and most dynamic institutions of higher learning.

Students can choose from 160 undergraduate and graduate programs in four faculties: commerce and administration, fine arts, engineering and computer science, and arts and science. Also, integrated within the faculties are seven colleges and more than a dozen research centres.

The university has two campuses: Sir George Williams, which has approximately 40 buildings spread over 13 blocks of downtown Montreal; and Loyola, which sits seven kilometres away on 46 acres in west-end Montreal. The latter has 41 buildings.

From its founding institutions – Loyola College (1896) and Sir George Williams University (1873) – Concordia has inherited a tradition of superior teaching supported by the best possible scholarship, creative activity, research and service to society.

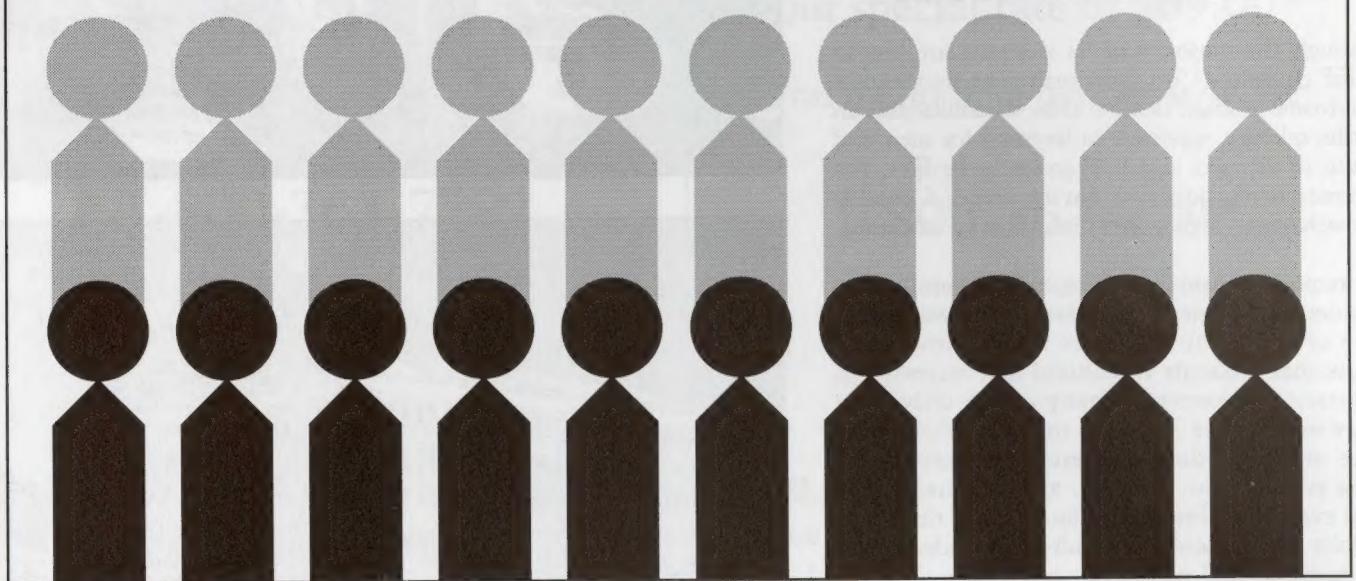
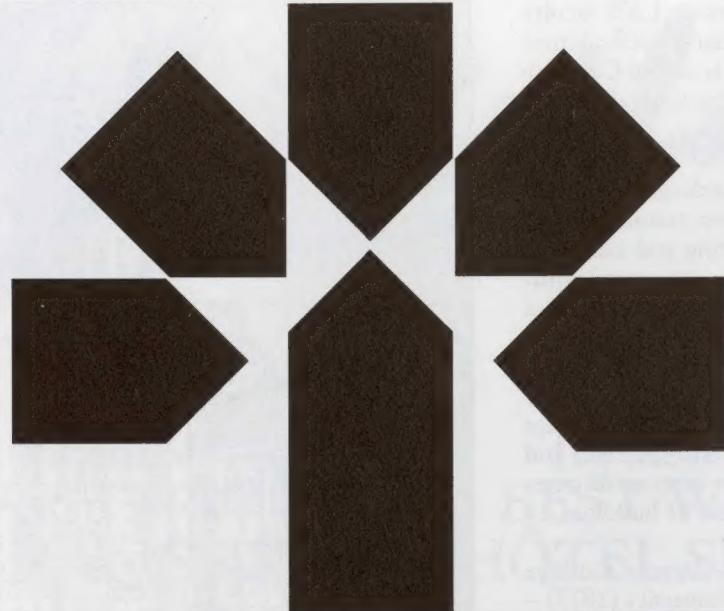
Although the majority of its students are recent CEGEP graduates, Concordia maintains an openness to part-time studies, flexible class schedules and an interdisciplinary approach to learning for men and women of all ages and backgrounds. In fact, the university is recognized as having one of Canada's most welcoming approaches toward senior students.

Ever responsive to its members and the surrounding communities, Concordia University offers a wide range of community services from business and professional seminars to cultural and recreational activities. For example, many of the university library services are available to the public, attendance at Concordia's concerts, film screenings, drama productions, lectures, art exhibitions and sports events numbers in the hundreds of thousands annually and Concordia's faculty and students provide research and consulting services to corporations, small businesses and individuals.

For general information on Concordia University call the public relations department at 848-4880. For details on admissions call 848-2668.



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Concordia University lost a dear friend and indefatigable volunteer this year with the death, at 41, of Laurie Brodrick.

The paintings hanging in the foyer of the Loyola Athletic Complex include one of former

Loyola College hockey and football star Robert Brodrick. If there'd been more paintings done of former outstanding athletes, Robert's daughter Laurie would most certainly be right up there beside him.

Laurie Brodrick began her studies at Loyola College and was a student when the merger with Sir George Williams took place. As a result, her degree was a 1974 Concordia bachelor of arts, honors Spanish. While she was attending Loyola/Concordia,

Laurie carried on the family tradition and played hockey for both. She was rookie of the year her first season and, for the next four years, was captain of the team.

Her coaches remember her taking the game and her responsibilities as captain very seriously. Once, during a bench-clearing brawl, the only player left with her gloves on was the team captain, Brodrick.

When she graduated, her teammates established the Laurie Brodrick Award in recognition of her sportsmanship and leadership. It is still given annually to the outstanding female freshman athlete.

Laurie continued her studies and eventually began a career in banking. She worked for the Royal Bank, most recently as a manager of market development and an assistant portfolio manager with Royal Bank Investment Management.

Still, she found time for her old schools. Laurie served on Concordia's board of

governors and on the boards of the Loyola Alumni Association and of the Concordia University Alumni Association (CUAA). She was a member of the board of directors of the Loyola Peace Institute. She participated annually in the Concordia Golf Tournament and was a creator and strong supporter of Concordia's Homecoming.

Laurie seemed always to be available when a capable and willing volunteer was needed. She was a chair of the alumni division of the annual giving campaign from 1990 to 1992. At the time, she said, "Concordia is one of my favorite organizations to volunteer for."

It's not difficult to see why Laurie was one of the recipients of the CUAA's 1993-94 Distinguished Service Award. She accepted the honor at the award banquet on Jan. 27, 1994.

Laurie Brodrick died on June 18, 1994, after a courageous battle against cancer. Concordia University mourns her loss.



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MEN'S BASKETBALL - EMERSON THOMAS

By DONALD McGOWAN JR.

When Emerson Thomas arrived at Concordia University in the fall of 1990, men's basketball head coach John Dore quickly dubbed him "E.T." The moniker stuck, and now almost all the Stinger faithful immediately know who's the subject of conversation when they hear, "Get the ball to E.T."

"I think it was the first practice, and John just called to me, 'Hey, E.T.' about something," Thomas explained. "People have been calling me that since. I like it. It kinda gives me a persona."

It's not that Thomas needed one, though. Despite coming across as soft-spoken, the personable Thomas has become one of the most popular and charismatic players on a Stingers' roster that is top heavy with flash and talent.

"People always say that about me, that I'm quiet," Thomas said. "It's funny. I've never thought of myself that way. I've always thought I was outgoing."

The nickname has more to do with Thomas's initials than the Steven Spielberg movie of the same name. It could easily go the other way though.

For the past four seasons at Concordia, E.T. has been out of this world.

Thomas came off the Vanier College basketball assembly

line – following Cheetahs alumni Robert Ferguson, Dino Perin, Ernie Rose and Nick Arvanitis to Concordia – and he has helped make the Stingers a national contender, year after year.

On a personal level, he's been on the Canadian Interuniversity Athletic Union (CIAU) honorable mention team each of the last two years.

A national championship and CIAU recognition are Thomas's "immediate goals," but he's got bigger plans down the road.

"I'd really like to play for the national team," Thomas admitted. "It might be two or three years away, but it's something I'd like to pursue."

For that reason, Thomas moved from his natural forward position to guard last season.

For the first three years of his Concordia career, Thomas played forward. But at six foot five, 185 pounds, Thomas thought he might

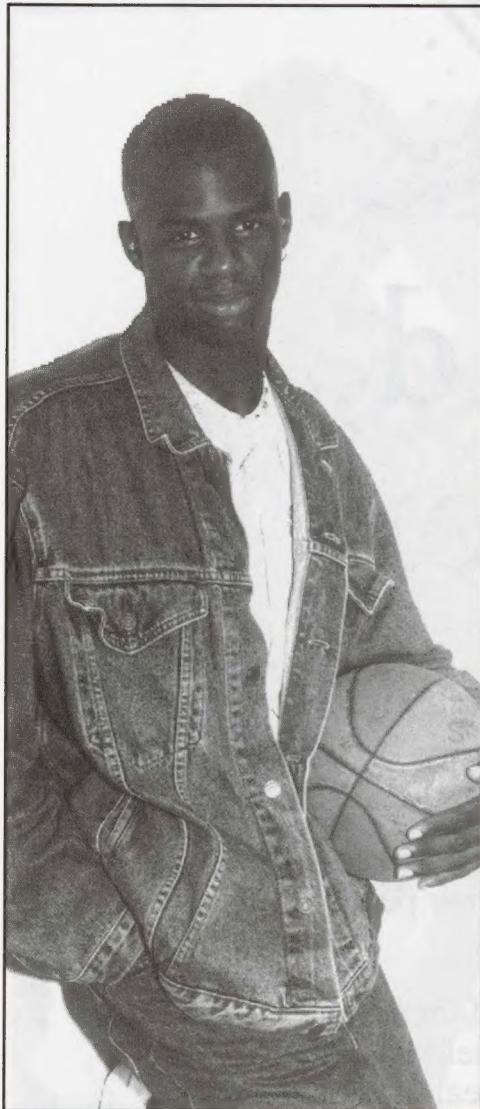
be a little too slender to cut it up front at a higher level of competition.

He approached Dore prior to the 1993-94 season about moving to the backcourt.

"John didn't have a problem with it at all," Thomas said, "and it's worked so far."

If national championships and CIAU honors elude him this year, Thomas won't worry a great deal. He says he's proud of what he's accomplished at Concordia and enjoyed playing in the Stingers upbeat, run-and-gun system, which in recent years has provided some of the most exciting action on the Montreal university basketball scene in some time.

"It's always been charismatic," Thomas said. "The guys on the team over the time I've been here make it that way. They've all been great. We've always had fun and played that up-tempo style. If you say it's fun to watch, I'll tell you it's more fun to play."



MEN'S BASKETBALL PROSPECTUS

Head coach: John Dore

Assistant coach: Harvey Liverman

Key veterans: Emerson Thomas, Gaetan Prosper, J.P.

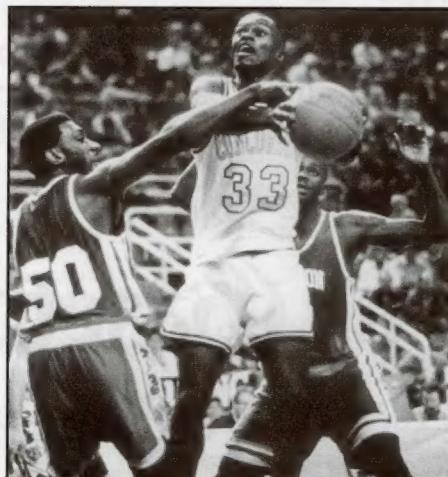
Reimer, Fred Arsenault, Dan Furlong, Benoy Jacobs, Scott Mahwinney

Newcomers: Rob Dawson, Justin Padavaiskas, Ezra Franklin

Strengths: Seven veterans from last year's championship team are back, Emerson Thomas, one of the best and most versatile players in the CIAU, is among the veterans. **Weaknesses:** Need to fill the void at guard positions vacated by Robert Ferguson and Steven Thomas.

Record in 1993-1994: 12-0 in league play

Playoffs: Won league and posted a 1-2 win-loss record at the nationals.



MEN'S BASKETBALL SCHEDULE

Saturday, Oct. 22	7:30 p.m.	vs. Western (non-conf.)
Oct. 28 & 29	TBA	Concordia Nike Tournament
Nov. 5 & 6	TBA	Carleton Hoops Classic
Nov. 11 & 12	TBA	Laurentian Tip Off Tourney
Friday, Nov. 18	TBA	at Iona College (non-conf.)
Saturday, Nov. 19	TBA	at Boston University (non-conf.)
Friday, Nov. 25	8 p.m.	vs. McGill
Saturday, Nov. 26	8 p.m.	at Bishop's
Friday, Dec. 2	8 p.m.	at Laval
Dec. 29-31		Hall of Fame Classic in Halifax
Jan. 6 & 7		Golden Ball Tourney in Saint John
Friday, Jan. 13	8 p.m.	vs. Bishop's
Saturday, Jan. 14	8 p.m.	at McGill
Friday, Jan. 20	8 p.m.	vs. Laval
Friday, Jan. 27	8 p.m.	at McGill
Saturday, Jan. 28	4 p.m.	vs. Bishop's
Friday, Feb. 3	8 p.m.	vs. Laval
Tuesday, Feb. 7	8 p.m.	at Bishop's
Feb. 10 & 11		Lynn University Tourney, Boca Raton, Fla.
Sunday, Feb. 19	TBA	at Laval
Friday, Feb. 24	8 p.m.	vs. McGill
Friday, March 3		First round of playoffs
March 7, 10 & 12		Second round of playoffs
March 17-19		CIAU championships in Halifax

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When it comes to sports, Montrealers are a breed apart. From dynasties on ice to celebrations on the soccer field, Montreal fans are famous for their passion, their penchant for nicknames – and their *pride*.

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Seven days a week, superstar columnists like Jack Todd, Red Fisher and Pat Hickey cover all the bases in a sports section that's as 'Montreal' as the city that invented basketball.

The Gazette

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WOMEN'S BASKETBALL - LINDA BENJAMIN



Linda Benjamin is an all-round athlete who excels at several sports, including badminton and soccer, but it is her meteoric rise as first a forward and now a guard on the Concordia basketball court that has people talking.

"What most people don't realize is that Benjamin came to the Stingers with very little playing experience," said women's basketball coach Mike Hickey. "Although she played some basketball at Dawson College, she was devoted to the badminton team and didn't plan on playing university basketball when she enrolled at Concordia."

Hickey was sure he had found a diamond in the rough and recruited Benjamin heavily. His instincts were excellent. Benjamin has turned out to be a big contributor to Concordia's rise back to the higher echelons of women's university basketball.

As the Concordia Stingers prepare to defend their Quebec University Women's Basketball championship, Hickey is counting on Benjamin and guard Sharon Sandy, both in their fifth years, to provide leadership on and off the court.

The dynamic duo first joined forces in 1990, when as rookies, they experienced varied levels

of success as members of the Stingers basketball team.

Sandy was given freedom at the offensive end of the court, and as a result became the team's leading scorer. Her exciting end-to-end drives and long-range shots thrilled fans and earned her rookie All-Canadian honors. Benjamin, who was still learning a lot about the game, also showed occasional flashes of brilliance.

"A lot of people, myself included, thought she was capable of doing more on the court," said Hickey of that first year. "But watching her you just knew she was going to be a great player. She just needed time and coaching to develop into her potential."

During her third season with the basketball team, Benjamin decided to concentrate on only basketball. Her soccer ambitions fell by the wayside in 1992. Her increased commitment to basketball paid off. She was instrumental in helping the Stingers to their first playoff berth in eight years. Although Concordia lost a heart-

breaker to Laval in the semifinals, the Stingers and Benjamin were on their way to bigger and better things.

Last season, Benjamin was an exceptional defensive player whose responsibilities included covering the opposing team's top offensive players. While she was receiving recognition for her defensive play, she was also continuously developing her offensive skills. As her year progressed Benjamin began to consistently score on spectacular drives and open jump shots.

Four years of hard work paid off with a berth in the Canadian Interuniversity Athletic Union national championship tournament.

"We played outstanding at the nationals, and I feel that we are going to continue in October where we left off last March in Calgary," said Hickey. "We have had a taste of what it is like to be a champion and we want more."

You can count on Benjamin to be an integral part of this year's success.

WOMEN'S BASKETBALL PROSPECTUS

Head coach: Mike Hickey

Assistant coach: Robert Ferguson

Key veterans: Sharon Sandy, Linda Benjamin, Pat Demers, Eva Samore, Sabrina Gaspari, Isabelle Bernier, Jennie Smith

Newcomers: Marie-Helene Heroux, Wanita Jones, Wanda Vierre, Nadia Murphy
Strengths: Defensive pressure may be best in country. Still on a tremendous high after exceptional playoff performance last season.

Weaknesses: Only Sharon Sandy has more than one year of experience at guard position.

Record in 1993-1994: 7-5 win-loss record in league play

Playoffs: Defeated Laval and McGill to win QSSF championships, lost to CIAU champion Winnipeg, then defeated UNB and UBC to win consolation championship at nationals.



WOMEN'S BASKETBALL SCHEDULE

Oct. 21-23	Ryerson Tournament
Nov. 4-6	Manitoba Tournament
Nov. 11-13	Concordia Saxon Classic
Wednesday, Nov. 16	TBA
Saturday, Nov. 19	TBA at Siena College (non-conf.)
Friday, Nov. 25	6 p.m. vs. McGill
Saturday, Nov. 26	6 p.m. at Bishop's
Friday, Dec. 2	6 p.m. at Laval
Dec. 30 & 31	St. Mary's Tournament
Jan. 5-7	McGill Tournament
Friday, Jan. 13	6 p.m. vs. Bishop's
Saturday, Jan. 14	6 p.m. at McGill
Friday, Jan. 20	6 p.m. vs. Laval
Fr.-Sat., Jan. 27	6 p.m. at McGill
Saturday, Jan. 28	6 p.m. vs. Bishop's
Friday, Feb. 3	6 p.m. vs. Laval
Tuesday, Feb. 7	6 p.m. at Bishop's
Sunday, Feb. 19	6 p.m. at Laval
Friday, Feb. 24	TBA vs. McGill
Wednesday, March 1	6 p.m. vs. McGill
Saturday, March 4	First round of playoffs
March 17-19	Second round of playoffs
	National championships at Lakehead

ALPINE SKIING

Sometime in early September it will begin with a meeting during which prospective members will discover that being part of the Concordia ski team requires more than just having the ability to ski down slopes at hair-raising speeds.



More than any other sport at Concordia University, participation on the ski team means a strong commitment to the program's administration and fundraising.

The team's first function is the highly successful Concordia ski sale held in early November, which has become one of the most anticipated events of the year on the Loyola campus. Each member is expected to contribute at least 60 hours to the sale, and the proceeds from it are used to finance the team's training camp and competitions on the Quebec university ski circuit.

"A lot of varsity teams might balk at all the extra work that is required of the skiers," coach Stephane Rivard said, "but for us it is an important, vital part of the team's development. The camaraderie, the true feeling we have for each other helps us to enter the competition phase in January with a total team focus."

"Because of the varied needs of our program, it is not just the gifted athlete who can make a strong contribution to the team's success. Our success is not measured in race times only."

The actual on-slope training begins during Christmas break when the team heads north for a gruelling week of skiing and time trials.

The Quebec ski circuit consists of six races (grand slalom and slalom) between Concordia, McGill, Laval, Sherbrooke, Université de Quebec à Rimouski, Université de Montréal, Université de Quebec à Montréal, Ottawa University and Bishop's University.

Each race is televised on a tape-delay basis by RDS, and tremendous strides have been made in the last few years in the promotion of the circuit.



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MEN'S SOCCER - PAT HARRINGTON

By DEREK CASSOFF



Can there be a more pressure-filled job in professional sports than that of the soccer goalie? Often untested for long stretches of time, he is suddenly called upon to make dynamite saves. He always seems to be working under the intense scrutiny of thousands of fans, who expect him to be flawless on each and every play.

Pat Harrington knows all about those pressures, having spent the past 13 years tending goal for various professional soccer teams in Europe and North America, most recently with the Montreal Impact of the American Professional Soccer League.

"It's the one position where you can't make any mistakes because then there is only one result," he said. "You have to be mentally sharp all the time. It's hard to stay fresh for so long."

There is perhaps only one other position in sports that carries with it as much fan scrutiny — that of the coach. Once again, Harrington will be under immense pressure, having accepted the job of guiding the Concordia Stingers men's soccer team this season.

Harrington says his move into coaching is a natural progression for a player who plans to stay involved in soccer long after his goaltending days are over. Besides, he says his being a netminder will be a definite advantage when it comes to his new job.

"As goalies, we have a very unique perspective of the game," he said. "We see our defenders work in front of us and we know what forwards need to do since they're always coming in against us."

Harrington, 29, has enjoyed a very successful soccer career so far, including the last four seasons he has spent in Montreal, playing first with FC Supra of the Canadian Soccer League (CSL) and, as of last year, with the Impact.

He was born in Toledo, Ohio, where his father was a university professor. Harrington moved around frequently as a child before spending his teenage years in Peterborough, Ont. He broke into the professional soccer ranks as a 16-year-old in 1982, playing nets for the Toronto Blizzard of the now-defunct North American Soccer League.

In 1985, he decided to move to Europe, signing with the Division I Charlton Athletic Club. But the club was only allowed to carry three non-British imports, and there was no room for another foreign player.

"They wanted me to marry one of their secretaries, someone who was on call for that sort of thing, so I could become British," he said. "But I said no. England was very dreary, and you don't have the same luxuries and conveniences that we have here in North America."

Back in Canada, Harrington worked his way into the record books with his play in the CSL. He holds three league records,

including most career shutouts (14 in 1990) and lowest goals-against average in a season (0.43 in 1990).

Harrington has been married to wife Susan for three years. They live in Little Burgundy with Tyson their three-year-old Labrador retriever. They own a gift basket boutique in Westmount, and Harrington helps out when it doesn't conflict with soccer.

Harrington inherits a Stinger team that should have eight or nine veterans returning from last season, including mid-fielders Russell Burrows and Claudio Durant, and goalie Patrick Schmidt.

Harrington was an assistant coach with the 1993 Stingers, who finished a disappointing fourth in their division. It was disappointing, Harrington says, because he feels the team was just as talented as the conference champions from Université de Sherbrooke, who went on to capture the Canadian university title.

"But I don't think we have far to go to catch them," he said. "We have a good base of players to work with and we're very solid up the middle. I really think we have the potential to take everything this year, right up to the national championship."

MEN'S SOCCER PROSPECTUS

Head coach: Pat Harrington

Assistant coach: Grant Needham

Key Veterans: Russell Burrows, Claudio Durant, Mari Lombardi, Patrick Schmidt

Necomers: TBA

Strengths: A veteran lineup and an enthusiastic coaching staff. Has potential to bring home a Quebec championship

Weaknesses: None

Record in 1993: 5 wins, 5 losses

Playoffs in 1993: Defeated McGill in semifinals, lost to Université de Sherbrooke, the eventual CIAU champions, in the final.



1994 CONCORDIA STINGERS MEN'S SOCCER SCHEDULE

Friday, Sept. 9	5 p.m.	vs. Boston (non-conf.)
Sunday, Sept. 11	1 p.m.	vs. Alumni (exhib.)
Thursday, Sept. 15	7 p.m.	vs. UQAM (exhib.)
Friday, Sept. 16	5 p.m.	vs. Vanier (exhib.)
Saturday, Sept. 24	2 p.m.	at UQTR
Sunday, Sept. 25	3 p.m.	vs. Sherbrooke
Wednesday, Sept. 28	9 p.m.	at McGill
Friday, Sept. 30	5 p.m.	vs. Bishop's
Sunday, Oct. 2	2 p.m.	at UQAM
Sunday, Oct. 9	3 p.m.	vs. UQTR
Saturday, Oct. 15	1 p.m.	at Bishop's
Sunday, Oct. 16	3 p.m.	at Sherbrooke
Friday, Oct. 21	3 p.m.	vs. McGill
Oct. 28 - 30		League semifinals
Nov. 5 & 6		League finals
Nov. 10 - 13		CIAU nationals

WOMEN'S SOCCER – ACADEMICALLY ACCOMPLISHED

The Concordia Stingers women's soccer team didn't win a championship last season, but its members did chalk up a most astonishing and commendable accomplishment.

Six players from the team were named Canadian Interuniversity Athletic Association Academic All-Canadians. In all, 11 varsity athletes from Concordia University received the honor.

The soccer players who made Academic All-Canadian are: Sarah Brown, 3.49 grade-point average (GPA) in history; Kirsten Gallagher, 3.69 GPA in management information systems; Isabelle Marquis, 3.52 GPA in psychology; Edith Roberts, 3.44 GPA in exercise science; Tracy Vaillancourt, 3.51 GPA in early childhood education; and Shaza Zikra, 3.86 GPA in finance.

"They should be very proud of themselves and their accomplishments because it's not easy," said Anna Johansson, who runs the Department of Recreation and Athletics' Student Athlete Academic Support Program. "It represents a lot of effective time management and effective studying.

"It's a great accomplishment," she continued. "It demonstrates that you can combine both academics and athletics successfully."

The other five Academic All-Canadians are: wrestler Jason Della Rocca, 4.08 GPA in accounting; football player Robert Taylor, 3.69 GPA in geology; and hockey players Dale Betts, GPA 3.46 in administration and management; Michael Pohorly, 3.46 GPA in communications; and Eric Rochette, 3.44 GPA in anthropology.

The highest team average also belongs to the women soccer players. The team recorded a 2.92 average. It was the second year in a row that the women soccer players posted the best average.

Sylvia Franz, who is the new head coach of the women's team, is looking forward to working with such an intelligent group of individuals.

"I'll have to spend less time explaining, and we can spend more time putting things into practice," she said.

Aside from making her job easier, Franz likes the idea of shattering some negative images.

"We're not dumb jocks," she said. "The stereotype is being broken. It shows there are some very smart people who can do more than just hit the books."



Franz, who will be joined by assistant coach Luce Mongrain, will take over a team that finished in third place in the Quebec Student Sports Federation league and lost 3-0 to McGill in the semifinals last season. With a fresh approach and a little smarts, she hopes to move the team up in the rankings.

If the team can equal its accomplishments in the classroom, it should be a very successful campaign.

WOMEN'S SOCCER SCHEDULE

Saturday, Sept. 24	noon	at UQTR
Sunday, Sept. 25	1 p.m.	vs. Sherbrooke
Wednesday, Sept. 28	7 p.m.	at McGill
Friday, Sept. 30	7 p.m.	vs. Bishop's
Sunday, Oct. 9	1 p.m.	vs. UQTR
Saturday, Oct. 15	3 p.m.	at Bishop's
Sunday, Oct. 16	1 p.m.	at Sherbrooke
Friday, Oct. 21	5 p.m.	vs. McGill
Oct. 28-30		Semifinals
Nov. 5 & 6		Finals
Nov. 10-13		National championships at Alberta

CROSS COUNTRY & TRACK AND FIELD - SUZAN BALLMER

By MIKE HICKEY

If someone had told Suzan Ballmer 10 years ago that she would someday become a high-profile coach of elite athletes, she would have dismissed them as crazy. Yet that is what she has become.

"I guess I'm a natural teacher," Ballmer said. "Anytime I get involved in an activity or project I usually end up teaching in that field."

Ballmer started running triathlons in 1986, while she was working on her masters in education degree at McGill University. It wasn't long before she organized the Furies Running Club, Montreal's first and only all-female running group. Her involvement with the Furies led her to Concordia's Victoria Gym and the formation of the Concordia Triathlon Club.

By that time, the coaching bug had hit Ballmer and she began to expand her knowledge and expertise by attending coaching clinics in Canada and the United States.

Last fall the fledgling Concordia cross-country and track and field teams were in need of a coach, and Ballmer answered the call. Although she has coached the Stingers for less than a year, she has made a strong impression on her athletes.

"Suzan has been instrumental in my success as a runner," said Derek Marinos who is beginning his third season with the Stingers. "I enjoy running for the first time in my life. She realizes that each

athlete has special needs and designs their program to fit their individual needs and talents. She is an excellent motivator, is well-organized and really cares about the individual.

"Now when I run, I not only do it for myself but I run for Suzan as well."

Ballmer, who recently earned her level II certification from the Canadian Coaching Association, sees her role as that of a facilitator, helping the athletes to maximize their potential. And she feels that there is a greater need to encourage female athletes to participate at elite levels.

"I believe that if we can bring more women into the mainstream of athletics, society will benefit from a greater balance," she said. "We need to free up women and men to be able to assume the same roles in life."

At Concordia, Ballmer hopes to turn the programs into ones that can compete with elite Quebec universities.

"Up to now, the other Quebec schools haven't had to worry about Concordia," Ballmer said, "but we aim to change that."

Ballmer is exactly the kind of coach every team or

school should have. For not only does she take great pride in the results of her athletes, she wants to see everyone in all the programs excel. To that end, she has been working with Louis Daniele of the Concordia football team during the summer, helping him increase his speed. And she feels other varsity athletes can benefit from off-season training with runners as well.

"My goal at Concordia is to build strong, competitive programs that are well-entrenched in the athletics department," she said.

Now that's the type of commitment every university should strive for.



TRACK AND FIELD & CROSS-COUNTRY PROSPECTUS

Head coach: Susan Ballmer
Key veteran: Lara Penno

Newcomers: TBA

Strengths: Veteran Penno has established herself as one of top runners in Quebec and is helping draw attention to the program at Concordia.

Weaknesses: The team would like to have more participants

Key results in 1993: Penno was always in the top two in the 1500-metres and the top three in the 3000-metres

VOLLEYBALL - CASSIE BARDO

By DONALD McGOWAN JR.



It's not that middle-hitter Cassie Bardo hasn't enjoyed her three years with the Concordia women's volleyball team. She has.

But Bardo is looking forward to when, some years down the way, she returns to the Loyola Athletic Complex to see how the old team is doing.

Old friends will greet her with a warm smile and a friendly hug. They'll update one another on what they're doing, who they've seen and so on. Then they'll laugh over stories of yore.

Of course by this time, if the plan goes accordingly, the Stingers will be playing a key match in the hunt for the Quebec Student Sports Federation (QSSF) championship.

People new to the school will probably point Bardo's way, whisper to each other and ask "who's that?" A veteran of the university sports scene will interject and say, "That's Cassie Bardo. She helped make Concordia volleyball what it is today."

"The program here is still young," said Bardo, who enters her fourth year with the Stingers this fall as a team co-captain with Natalie Müller. "But I think it's moving in the right direction. I'm going to be happy and proud when I can say that I'm alumnae."

The women's volleyball program is only six years old and still fighting an uphill battle toward respectability in the

highly-competitive QSSF. Bardo is a major weapon in that battle.

"She'd be the best player by far that's come through our program," said Melanie Sanford, the Stingers' coach since the team's inception. "There have been others who have been good, but Cassie has solidified the program and led us to a higher level. We play in a very competitive league. There are at least three teams that are top 10 teams nationally every year.

"You need players like Cassie to help put you on the map. There's a trickle down effect. Good players see her here and what she's done and then they think about coming here. If I had 12 Cassie Bards, I'd be laughing."

Cassandra Bardo, a 23-year-old from Anjou, Que., came to Concordia in 1991 from Champlain College in St. Lambert with an impressive athletic résumé. She'd collected most major awards during her high school career at Laurier MacDonald in Anjou and capped her time at Champlain by being named the CEGEP's Female Athlete of the Year.

That list has gotten longer since her arrival at Concordia. She was the MVP on the volleyball team last season and was named to the QSSF all-star team the past two seasons.

"We finished fourth last year," Sanford said, "so making the all-star team says a lot about her ability. We might not have been a nationally-ranked team, but people noticed her talent. She stands out."

As a result, Bardo was named a recipient this year of a Petro-Canada Olympic Torch Scholarship. She also earned a QSSF scholarship in 1993.

"I don't think there's any question that she has the potential to be on the national team if that's what she chooses to do," Sanford said. "She's that gifted."

But Olympic glory and globe-trotting with a national team isn't a top priority for Bardo.

"When I came to university, I hadn't thought much about the national level," she said. "I don't know if that's the direction I want to go."

In fact, it was the leisure studies program at Concordia that attracted Bardo more than a shot at the volleyball big time.

"It's the program I wanted to follow," she said. "I had been in touch with Melanie when I was at Champlain. I liked her approach and respected her as a coach and felt that going to Concordia and playing there would be a good combination."

VOLLEYBALL PROSPECTUS

Head coach: Melanie Sanford

Assistant coaches: Townsend Lee, Mike Squarek

Key veterans: Cassandra Bardo, Natalie Müller, Eleanor Chan, Nathalie Annett

Newcomers: Chantal Jung, Trish Cook, Anna Pzovas

Strengths: The return of veterans Cassie Bardo and Eleanor Chan

Weaknesses: Young team

Record in 1993-1994: 15-25, includes league and non-conference play

Playoffs: Lost in semifinals to Université de Montréal



1994-95 CONCORDIA STINGERS VOLLEYBALL SCHEDULE

Saturday, Sept. 24	10 a.m.	at Ottawa (non conf.)
Sunday, Sept. 25	TBA	at Ottawa (non conf.)
Sept. 30, Oct 1 & 2		Concordia Invitational
Saturday, Oct. 22		McGill Invitational
Friday, Nov. 11	7 p.m.	at Laval
Saturday, Nov. 12	6 p.m.	at Laval
Saturday, Nov. 19	2 p.m.	vs. Sherbrooke
Sunday, Nov. 20	2 p.m.	vs. Sherbrooke
Wednesday, Nov. 23	7 p.m.	vs. McGill
Nov. 25 - 27		Sherbrooke Tournament
Sunday, Dec. 4	1 p.m.	at McGill
Monday, Jan. 9	7 p.m.	vs. Laval
Tuesday, Jan. 10	7 p.m.	vs. Laval
Sunday, Jan. 22	2 p.m.	vs. McGill
Jan. 27-30		Ottawa Invitational
Wednesday, Feb. 8	7 p.m.	vs. McGill
Friday, Feb. 10	TBA	at Sherbrooke
Saturday, Feb. 11		at Sherbrooke
Friday, Feb. 17		League semifinals
Feb. 19 & 26		League finals
March 2 - 4		CIAU nationals

WRESTLING - JASON DELLA ROCCA

By DEREK CASSOFF



WRESTLING PROSPECTUS

Head coach: Victor Zilberman

Staff: assistant coach and manager Ali Pourdjazal

Key veterans: Jason Della Rocca, Dave Wilson

Newcomers: Dave Chodat, Akira Higuchi, Robbie Prasad

Strengths: Strong competition, organizational skills, good training program

Weaknesses: Small number of athletes on team makes winning regional and national competitions tough

Key results last season: Jason Della Rocca won a bronze medal at the CIAU championships

The way Jason Della Rocca describes his start in wrestling, it seems almost accidental. He was a Grade 8 student at Pierrefonds Comprehensive High School when he decided to take in a local match with a few buddies during a lunch break.

Della Rocca had never been to a Greco-Roman match and was half expecting to see Hulk Hogan and André the Giant duke it out in a battle royal. But Della Rocca liked what he saw and the next year he decided to try it out for himself, enrolling in the school's wrestling program.

"I was a little fat boy that got tossed around," he said. "I would get cracked around. Muscle-heads would wrench my head off. But I didn't mind losing, I was having fun."

Five years later, Della Rocca is still having fun, only this time at the expense of those so-called muscle-heads. The 20-year-old Concordia commerce student has emerged as one of the Canadian Interuniversity Athletic Union's (CIAU) top wrestlers, having captured a bronze medal in the 83-kilogram class at the annual championships in Ste. Catharines, Ont., last spring. In fact, Della Rocca was the only wrestler from a school east of Ontario to collect a medal at the event.

"The fact that I am smaller than most of my opponents gives me an advantage," said Della Rocca, who lives in Pierrefonds with his parents. "Knowing that I'm always weaker than my opponent forces me to concentrate on technique and perfecting my moves."

Della Rocca rose quickly through the amateur wrestling ranks since that first match in Grade 9. By the end of his second season, he joined the Riverdale Wrestling Club, a West Island group that meets for two hours each weekday evening. The extra practice and tougher competition from fellow club members made a big difference. Within two months, Della Rocca was whisked off to the provincial championships. That's where the fun really began.

Competing in the 15- and 16-year-old age group, Della Rocca easily won the Quebec championship and was sent to Regina, Sask., to compete in the Canadian finals. There, he again finished at the top of his class and he earned a berth at the world championships in Missouri. He wound up third there after losing to an opponent from Bulgaria.

"The whole thing was a big surprise after only two years of wrestling," Della Rocca said. "By the next year, everyone was afraid of me. I was the one kicking everyone else's ass."

Della Rocca has since won two more provincial championships and he finished second at the nationals this past season. Now he is hoping for more glory as a member of Concordia's

wrestling team during the course of the next two years.

When he is not pinning opponents to the mat, Della Rocca enjoys playing rugby. He is a prop for the Montreal Barbarians club. Last year, he competed on the provincial team that represented Quebec at the Canada Games in Kamloops, B.C. Della Rocca had a chance to attend the Games as a wrestler but he chose rugby for culinary reasons.

"In rugby, they encourage you to eat and they feed us well at the Games," he explained. "But in wrestling you have to watch your weight, so they give you wafers and water."

Della Rocca is able to compete in both sports because the seasons do not coincide. The competitive wrestling calendar wraps up in May just in time for the start of the rugby season. Rugby winds up each September, which is when Della Rocca eagerly returns to the wrestling mat and to a steady diet of wafers and water.

RUGBY

The phenomenal success of the Concordia women's rugby team, which has won three consecutive Quebec championships and has an amazing 24-game winning streak in league play, can be attributed to many factors: talent, commitment from the players and strong leadership from head coach Tom Ingberman.

There is, however, one more key ingredient - the tireless work of assistant coach Chris Regimbal. While many players and coaches have come and gone over the years, Regimbal has been a constant factor.

She played for the Stingers from 1987 to '89, when she graduated from Concordia with a bachelor of commerce degree. Her university playing days were over and the business world was calling, but Regimbal wasn't ready to leave the Stinger rugby program. So she hung around and became the unofficial caretaker of women's rugby. She fulfilled the duties of team manager, has kept a steady watch on the team's development and was instrumental in getting Tom Ingberman hired as the team coach in 1991.

"We had just finished a season in which we were undefeated during the regular season and upset in the playoffs by McGill," Regimbal recalled. "Our coach (Greg Taggart) was being transferred to Toronto, and the program was at the crossroads."

Regimbal knew Ingberman from the Town of Mount Royal Rugby Association and thought he would be the right person for the job. And she was right.

"He has all the ingredients needed to be a head coach," Regimbal said. "He's very organized, is a good communicator and he has a great knowledge of the game."

"A lot of successful teams loose focus and become selfish but not this team," she added.



"A lot of the credit for that has to be given to Tom. Concordia women's rugby players have a strong commitment to winning and we have been able to develop a strong team spirit."

While the women's team has dominated the university scene, the men's side has been through many highs and lows.

The men have played well in tournaments, especially those south of the border, but they have not fared as well on the Quebec circuit.

After a three-year playoff drought, the Stingers qualified for post-season play the past two seasons. Despite being eliminated in the first round both times, there is a sense of optimism in the rugby camp.

A good deal of that optimism centres around new head coach Louis Aguirre. The veteran coach is being counted on to provide the stability and continuity that has been missing from the men's program.

If his past record is any indication, Aguirre is the man to take the Stingers to the top. He has many championships to his credit, all accumulated during a 10-year coaching career that has seen him work at every level in the province.

While the challenges at Concordia may be his greatest, Stinger fans are counting on him to raise the team to the same heights reached by the women's team.



MEN'S RUGBY SCHEDULE

Sunday, Sept. 11	3 p.m.	vs. UQTR
Sunday, Sept. 18	3 p.m.	at Bishop's
Sunday, Sept. 25	1 p.m.	at Sherbrooke
Wednesday, Sept. 28	8:30 p.m.	at McGill
Sunday, Oct. 2	3 p.m.	vs. Bishop's
Wednesday, Oct. 5	8 p.m.	vs. McGill
Wednesday, Oct. 12	7 p.m.	at UQTR
Sunday, Oct. 23	3 p.m.	vs. Sherbrooke
Sunday, Oct. 30		Semifinals
Sunday, Nov. 6		Finals

WOMEN'S RUGBY SCHEDULE

Sunday, Sept. 11	1 p.m.	at MAC
Sunday, Sept. 18	1 p.m.	at Bishop's
Sunday, Sept. 25	1 p.m.	at Ottawa
Wednesday, Sept. 28	7 p.m.	at McGill
Sunday, Oct. 2	1 p.m.	vs. Bishop's
Wednesday, Oct. 5	6:30 p.m.	vs. McGill
Wednesday, Oct. 12	7 p.m.	vs. MAC
Sunday, Oct. 16	1 p.m.	at John Abbott
Sunday, Oct. 23		vs. Ottawa
Sunday, Oct. 30		Semifinals
Sunday, Nov. 6		Finals

MEN'S HOCKEY - DANIEL PICARD

By BRIANNA DAVIS



Colorado may be a long way from Montreal, but playing hockey in the Rocky Mountain state was the best decision Daniel Picard, 22, ever made. Otherwise, he might not be a member of the Concordia men's hockey team today.

After being overlooked in the Quebec Major Junior Hockey League draft a few years ago, the right-winger, who spoke only French at the time, accepted a hockey scholarship at St. Mary's High School in Colorado Springs, where, in addition to pursuing his hockey career, he learned English. It was not just a new country that he went to, but a whole new world.

While in Colorado, Picard studied English and played many sports including soccer, baseball and his first love - hockey. From Colorado, Picard came to Concordia.

"I knew it would be a great source of motivation for me to go to an English university to practise all I had learned in Colorado," said the marketing major. "When I was told Concordia had the best

commerce program, I made my decision."

Since choosing Concordia, Picard, or Pic to his teammates, has never looked back.

"Everything since Colorado has been great," he said.

The feeling must be mutual since head coach Yves Beaucage named Picard the captain of the 1994-95 Stingers. Picard says it's a great honor, but it won't change his approach to the game.

"There are 25 guys on the team who look to you for leadership and to be a good example, but it's only a 'C' on the jersey," he said. "You work 100 per cent in every game. Being captain shouldn't force you to work harder. I'll work just as hard this season."

One thing that should make Picard a strong captain is his desire to win. Heading into the 1994-95 season he has his sights set on a national championship. "I want us (the Stingers) to win something big and nothing less than that," he said. In his precious spare time, Picard enjoys working out in the gym, roller-blading and spending time with friends. He spends a lot of time with his teammates, who have become a kind of second family.

"We study in the library, go out after games and to parties with other school athletes," he said.

Picard will graduate this May and hopes to work as a technical and mechanical builder and to one day use these skills and his marketing degree to work for Quebec's Gaz Metropolitan.

MEN'S HOCKEY PROSPECTUS

Head coach: Yves Beaucage

Assistant coaches: Robert Boyle, Tom Angelitti

Key veterans: Martin Balleux, Daniel Picard, Eric Rochette, Patrice Martineau, Pierre Fillion, Steve Salhany, Benoit Therrien

Newcomers: Daniel Paradis, Eric Meloche, Pascal Ouellette

Strengths: Improved offensive punch

Weaknesses: Young defence

Record in 1993-94: 15-8-1, third place in league

Playoffs in 1993-94: Lost in first round 6-2 to UQTR



MEN'S HOCKEY SCHEDULE

Sept. 30, Oct. 1 & 2	UQTR Tournament
Oct. 7 & 8	Queen's Tournament
Friday, Oct. 14	at Lowell (non-conf.)
Saturday, Oct. 15	at Merrimack (non-conf.)
Friday, Oct. 21,	vs. McGill
Sunday, Oct. 23	at Ottawa
Friday, Oct. 28	at UQTR
Friday, Nov. 4	vs. RMC
Saturday, Nov. 5	vs. Queen's
Thursday, Nov. 10	vs. UQTR
Tuesday, Nov. 15	vs. Ottawa
Friday, Nov. 18	vs. Guelph
Saturday, Nov. 19	vs. Toronto
Wednesday, Nov. 23	at McGill
Friday, Dec. 2	at Brock
Saturday, Dec. 3	at York
Dec. 31, to Jan. 12	Czech Republic tour
Wednesday, Jan. 18	at McGill
Friday, Jan. 20	vs. UQTR
Sunday, Jan. 22	at Ottawa
Saturday, Jan. 28	at Queen's
Sunday, Jan. 29	at RMC
Saturday, Feb. 4	vs. Laurentian
Sunday, Feb. 5	vs. Ryerson
Wednesday, Feb. 8	vs. Ottawa
Saturday, Feb. 11	at Toronto
Sunday, Feb. 12	at Guelph
Tuesday, Feb. 14	vs. McGill
Friday, Feb. 17	at UQTR
Tuesday, Feb. 21	First round of playoffs
Thursday, Feb. 23	Second round begins
March 10-12	National championship in Toronto

FOOTBALL - DENNIS PITSELIS

By DEREK CASSOFF

Midway through the Ontario-Quebec Intercollegiate Football Conference title game between Concordia and the Bishop's Gaiters last November, Stinger quarterback Dennis Pitselis lay on the field with a concussion and a nine-inch crack down the side of his helmet. Seconds earlier, he had tried to run the football through an opening in the defence, only to be hit head-on by three large linemen.



For a while, it looked as if Pitselis and the fortunes of his Concordia teammates had suffered a vicious blow. But the quarterback refused to take himself out of the game, returning instead on the very next series.

"There was no way I was coming out of that game," he said. "The game was just too important. I was staying in."

He was a little shaky at first, but he rebounded in time to help the Stingers earn a 10-7 victory and a berth in the Churchill Bowl at the SkyDome against the University of Toronto the following week.

The events that day were typical for Pitselis, the child of Greek immigrants who have persevered through many ups and downs. Nothing and no one keeps the Pitselis clan down for long.

"There is a Greek expression that says, 'If you don't get your ass wet, you won't catch any fish,'" Pitselis, 25, said. "My parents used to always tell it to me, and I took their words to heart.

"I have a theory in life, whatever you do, you do it all the way, whether it's training, studying or partying."

Perhaps it is that theory that has helped Pitselis develop into one of the O-QIFC's top quarterbacks, while maintaining both a 3.43 GPA in commerce and a healthy social life.

Pitselis came to Concordia via Acadia University in Wolfville, N.S., where he spent two seasons languishing on the bench. A native of Montreal's east end, he jumped to Acadia from Vanier College, where he led the Cheetahs to a Bol d'Or championship in 1989 and rewrote the CEGEP AAA league's passing records along the way.

But Acadia turned out to be a disappointment. It was then that Pitselis made the most difficult decision of his life so far. He decided to sit out a year and transfer to Concordia.

Stinger fans have been grateful ever since. After sitting out the 1992 season, Pitselis guided Concordia to its first conference title since 1982.

The Stingers lost 26-16 to the University of Toronto in the national semifinals last November, only a game shy of the Vanier Cup championship.

Along the way, Pitselis completed 91 of 220 passes good for 1,469 yards. He threw seven touchdowns and rushed for another three.

"As the year went on, he just got better and better," said head coach Pat Sheahan. "By the end of his career he'll be as good or as better than any quarterback Concordia has ever had, and this school has had some of the best quarterbacks university football has ever seen."

"We run a pretty sophisticated offence, so our quarterbacks have their work cut out for them," added Gerry McGrath, the Stingers' offensive co-ordinator. "Dennis has done an excellent job. He's always been a good athlete but now he's a great quarterback, and we expect great things from him this year."

FOOTBALL PROSPECTUS

Head coach: Pat Sheahan

Assistant coaches: Peter Chryssomalis, Gerry McGrath, Pete Regimbald, Grant Allan, Bryan Carroll, Paul Chesser, Art Farinha, Sylvain Jetté, Dan McKinnon, Bryan Vajda

Key veterans: André Bolduc, Marc Fortier, Dimitrios Manolopoulos, Mark Montreuil, Luc Pelland, Johnny Petrella, Dennis Pitselis

Newcomers: Martin Anderson, Daniel Brideau, Thom Hay, Eric Leclerc, Marcus Obal, André Wellington

Strengths: Great experience at key positions, strong defensive secondary, quarterbacking

Weaknesses: Experience at some positions

Record in 1993: 4-3 in O-QIFC regular season, 7-5 overall
Playoffs in 1993: Defeated McGill 34-30 in semifinals, defeated Bishop's 10-7 in O-QIFC final, lost 26-16 to Toronto at Churchill Bowl



1994 CONCORDIA UNIVERSITY FOOTBALL SCHEDULE

Sunday, Aug. 28	1 p.m.	vs. York (non conf.)
Saturday, Sept. 3	1 p.m.	vs. Waterloo (non. conf.)
Saturday, Sept. 10	1 p.m.	vs. Bishop's
Saturday, Sept. 17	2 p.m.	at Carleton
Saturday, Sept. 24	2 p.m.	at McGill (Shaughnessy Cup)
Saturday, Oct. 1	1 p.m.	vs. Queen's
Saturday, Oct. 8	2 p.m.	at Ottawa
Saturday, Oct. 15	1 p.m.	vs. McGill
Saturday, Oct. 22	2 p.m.	(Shrine Bowl and Homecoming) at Bishop's
Saturday, Oct. 29		O-QIFC semifinals
Saturday, Nov. 5		O-QIFC finals
Saturday, Nov. 12		Churchill Bowl
Saturday, Nov. 19		Vanier Cup

MEET THE MEN'S STINGER HOCKEY TEAM

THE COACHING STAFF



YVES BEAUCAGE
HEAD COACH

In his four years as head coach, Yves Beaucage has done an exceptional job of bringing talented young hockey players to Concordia University. His ability to build and sell his program makes him one of the most dynamic and successful coaches in university hockey. He joined the Stingers as an assistant coach in 1988 and took over as head coach in 1990. He had an exceptional rookie campaign and was named Ontario University Athletic Association Coach of the Year. Under his direction, the Stingers have shown constant improvement and appear ready to move into the Canadian Interuniversity Athletic Union elite ranks.

Beaucage, a Montreal native, still resides in the city with his wife and young daughter.



ROB BOYLE
ASSISTANT COACH

Boyle is beginning his third season as an assistant coach with the Stingers. Before stepping behind the Concordia bench, he enjoyed a four-year career as a versatile Stinger forward and a coaching stint in Glasgow, Scotland. He is responsible for Concordia's Ontario recruiting operation.



TOM ANGELITTI
ASSISTANT COACH

Angelitti begins his second year behind the Stingers' bench. A technically sound coach, his ability to pick out the opposition's weaknesses has been instrumental in the team's success. He has prior experience coaching Tier II in Pierrefonds and with the highly-successful Loyola High School program. When not on the ice or bench, he teaches at Loyola High School.

THE PLAYERS



#20 MARTIN BALLEUX
LEFT WING
6'3", 205 pounds
Information Systems 1
Drummondville, Que.



#9 MATHIEU BRUNET
CENTRE
5'11", 192 pounds
Economics 2
Laval, Que.



#7 ANDREW CHLEBUS
RIGHT WING
6'1", 185 pounds
Sociology 2
Beaconsfield, Que.



#16 MARC DROUIN
CENTRE
5'11", 170 pounds
Math 2
Repentigny, Que.



#30 CHRISTIAN DUTIL
GOAL
5'7", 165 pounds
Political Science 2
St. Georges de Beauce, Que.



#19 PIERRE FILLION
CENTRE
5'10", 185 pounds
Leisure Studies 2
Rouyn Noranda, Que.

MEET THE MEN'S STINGER HOCKEY TEAM



#31 DANIEL GAGNON
GOAL
6'0, 175 pounds
Political Science 1
Baie Comeau, Que.



#1 ANGELO KARITSIOTIS
GOAL
6'0, 185 pounds
Exercise Science 3
Cornwall, Ont.



#12 BILL LEES
LEFT WING
5'11", 178 pounds
Exercise Science 3
Ottawa



#2 MARTIN LAPERRIERE
DEFENCE
5'11", 200 pounds
Philosophy 1
Montreal



#25 PATRICE MARTINEAU
RIGHT WING
6'1", 195 pounds
Leisure Studies 3
Joliette, Que.



#11 ERIC MELOCHE
RIGHT WING
6'2", 205 pounds
Arts 1
Longueuil, Que.



#8 CHRIS MILLER
CENTRE
5'8", 170 pounds
Geography 2
Ottawa



#10 DAN MIZRAHI
CENTRE
5'10", 193 pounds
Political Science & History 3
Toronto



#5 SEBASTIEN MOREAU
DEFENCE
5'10", 195 pounds
Accounting 1
Montreal



#3 PAUL NOONAN
DEFENCE
6'2", 210 pounds
Geography 1
Westport, Ont.



#18 PASCAL OUELLET
DEFENCE
6'0, 185 pounds
Accounting 2
Laval, Que.



#24 DANIEL PARADIS
CENTRE
6'2", 195 pounds
Geography 1
Jonquière, Que.

MEET THE MEN'S STINGER HOCKEY TEAM



#21 DANIEL PICARD

RIGHT WING

5'9", 175 pounds

Marketing 5

Longueuil, Que.



#26 MICHAEL POHORLY

DEFENCE

6'4", 225 pounds

Communications 4

Niagara on the Lake, Ont.



#14 DANIEL QUEENTON

RIGHT WING

5'9", 180 pounds

Accounting 2

Gaspé, Que.



#22 ERIC ROCHETTE

DEFENCE

6'3", 215 pounds

Anthropology 3

Montreal



#15 STEVE SALHANY

CENTRE

6'3", 195 pounds

Economics 4

Dollard des Ormeaux, Que.



#23 DAVID SZABO

LEFT WING

6'0, 195 pounds

Political Science 2

Oshawa, Ont.



#6 BENOIT THERRIEN

DEFENCE

6'1", 206 pounds

Management 3

Montreal

SUPPORT STAFF



MATHIEU LACHANCE
RECRUITER

Lachance is the most recent addition to the Stinger support staff. He will be responsible for co-ordinating the Quebec recruiting operation. The physical education graduate has extensive hockey experience, which includes coaching in the Montreal Huron organization.



STUART WILSON
MANAGER



CAROLINE RITCHIE
STUDENT THERAPIST



JENNIFER LANGLOIS
STUDENT THERAPIST

MARTIN BALLEUX – MORE THAN JUST A GOOD PLAYER

by Derek Marinos

The Quebec Major Junior Hockey League has produced many great players over the years. In addition to talented players, the league has also turned out quality individuals. One such individual is Concordia Stinger left-winger Martin Balleux.

Balleux came to Concordia two years ago after playing four years of junior hockey with the Granby Bisons. He was the Bisons' team captain for two seasons and his influence did not stop in the dressing room.

While in his second season with Granby, a young boy, who wore a Bisons jersey and who always cheered loudly, caught Balleux's eye. He decided to investigate and found out that the boy's name was David and that he was the son of a woman who sold tickets for the team. He also learned that David was mentally challenged.



Martin Balleux (left) will invite his friend David to see him play with the Stingers again this season.

Balleux began to talk to the young boy and, eventually, he became a sort of big brother to him.

After games, Balleux would bring David in the dressing room or meet with him to talk. Then when young David received his first pair of skates for Christmas, Balleux was there to teach him to skate.

"I was in a position to bring some light into his life," Balleux said. "Every time I talked with him or spent time with him he was so happy. All it took was a couple of hours of my time and it meant the world to him."

Balleux had David and his family down for a Stingers game last season and he intends to invite his young friend back again this year.

"I will write him and invite him down," Balleux said. "He is a special boy and I hope he can come, it would be fun."

Stinger assistant coach Rob Boyle, who works with Balleux at various hockey schools, believes the left-winger has a special gift with children.

"He went out of his way to make every kid feel special," Boyle said of the time they spent together at a hockey school last summer. "That is not easy to do with 30 kids."

"Coming out of junior hockey, some people have different attitudes. His is one of a humble nature."

The Drummondville native is entering his second year at Concordia. In his rookie season, Balleux led the team in scoring with 23 goals and 25 assists in 37 games. For his efforts, he was named the team's rookie of the year.

Head coach Yves Beauchage says Balleux is a well-rounded individual.

"Martin is a good example of what the student athlete is all about," he said. "He is an excellent student and a talented hockey player. Most of all, he is a super human being off the ice and a definite candidate for the Randy Gregg Award."

The Randy Gregg Award is given annually to the Canadian Interuniversity Athletic Union hockey player who best combines athletics, academics and community involvement.

One thing is for sure, if David had any say in the matter, Martin Balleux would be adding another honor to his collection.

ANGELO KARITSIOTIS - PUCK HAWG

By Donald McGowan

Angelo Karitsiotis has a series of rituals he goes through prior to each Concordia game.

The third-year goaltender from Cornwall, Ont., has to tape his stick sitting on the Stingers' bench. He rubs a crucifix his father gave him as a good luck charm over and over and over. He clips on headphones, cranks up his Walkman and blasts Metallica — the song "Wherever I may Roam" in particular — over and over and over.

Then he goes out, sets himself between the pipes and prepares to stonewall the opposition. Over and over and over.

"I admit it. I'm superstitious," said Karitsiotis, 21. "I do a lot of things before games. I have to tape my stick sitting on the bench. I have to listen to Metallica. I listen to all types of music, dance, heavy metal, rock. But before games it's always Metallica. It helps me concentrate. I can block everything out and everybody out and get ready to play. It really helps me."

It helps him and he helps the Stingers.

"He's very acrobatic and athletic," said Concordia head coach Yves Beauchage. "He's like a cat. He can make that big save, the one that nobody thinks he'll make."

Karitsiotis was regarded highly enough to hook on with the Oshawa Generals of the Ontario Hockey League (OHL) five years ago. He played with then-phenom Eric Lindros.

"I stopped him once on a breakaway," Karitsiotis said, "but maybe you shouldn't say that. It wasn't that big a deal."



Concordia Stinger goaltender Angelo Karitsiotis is a little eccentric but he gets the job done.

Because of the OHL stint, albeit a brief one, Karitsiotis lost his U.S. college eligibility. After leaving the Generals' organization, he played Tier II hockey with Massena, N.Y., of the Central Junior Hockey League.

"There's no question that when he was with Massena he was the best goalie in the league," Beauchage said. "And Massena wasn't a good team. He saw like 68 shots a night."

Karitsiotis joined the Stingers in the 1992-93 season and quickly became the No. 1 goaltender — the No. 1 personality.

"I do what I want to do," Karitsiotis said. "I don't hurt anybody, so I'm not concerned if people say this or that or are negative. I don't let what people say change the way I am. That just wouldn't be me."

"He's his own guy," Beauchage said. "He likes to live in the fast lane. He's the kind of guy you'll see stop 200-mile-an-hour shots in the game, then get on his motorcycle and go 200 miles an hour down Sherbrooke St."

Karitsiotis sold his hawg to finance this year's schooling but hopes to get another soon.

"I love speed and I love motorcycles," Karitsiotis said. "They're dangerous, so that's maybe why I like it. I had a Suzuki Katana 600 but I had to sell it. I'm hoping to get another one in the spring," he added quickly. "A bigger one."

His teammates don't mind his idiosyncrasies, either.

"No one says anything about it," Beauchage said. "They just think it's Angelo. If he ever lets in 12 goals on 12 shots maybe they'll say something then."

He may march to his own beat, but Karitsiotis's commitment to the team is clear.

Due to some family difficulties the Karitsiotises experienced in the fall of 1993 — Angelo is extremely close to his parents, brother and two younger sisters — his marks suffered. But Karitsiotis knuckled down in the second semester and posted a 3.1 grade-point average to stay eligible.

"He had a tough year," Beauchage said. "He had some family difficulties and it hurt his marks. But I have to give him credit for the work he did. In the second semester, he really put it together to get his marks where they had to be."

"I was tough but I just picked up my socks and got the work done," Karitsiotis said. "And I think it reflected in my play. I had a really good second semester."

In team sports, players are often asked to sacrifice individualism for the good of the squad. That said, Karitsiotis has accomplished an interesting feat — he's remained both unique and a team player.

Some describe him as a flake. A free spirit might be more like it.

The latter suits Karitsiotis just fine.

"That's what they call me?" he asks. "A free spirit, huh? I think I like that."

MEET THE WOMEN'S STINGER HOCKEY TEAM

THE COACHING STAFF



LES LAWTON
HEAD COACH

A hockey program is only as good as its coaching staff. With Les Lawton at the helm, Concordia has the best women's team on the continent. Because of his success as head coach of Canada's national team, which won the gold medal at the world championships last spring, and the program he's built at Concordia, he fields inquiries from players across North America and Europe.

Lawton joined the Stingers as an assistant coach in 1982 and took over the head coaching duties the following year. He has won more than 200 games and seven Quebec league championships.

A Montreal native, Lawton lives in Dorval with his wife and three children.



JULIE HEALY
ASSISTANT COACH

Healy could easily run any hockey program in North America, but fortunately she stays at Concordia where she is the perfect complement to Les Lawton. Together, they rule women's hockey in Canada. This season she has accepted the job of head coach of the Quebec team. Healy enjoyed an exceptional playing career as a Stinger before joining Lawton behind the bench in the 1985-86 season.



CAROLINE BLANCHET
ASSISTANT COACH

Blanchet has enjoyed a successful six-year coaching career with Jofa-Titan and Podium at the senior A level, and most recently with the Stingers. In addition to on-ice expertise, she has also worked with the Quebec Ice Hockey Federation. She will assist Julie Healy with the Quebec team this season. Blanchet graduated from law school at Université du Québec à Montréal in 1989 and passed the bar in 1991.

THE PLAYERS



#5
CARRIE BARKLEY
RIGHT WING
5'6", 150 pounds
English & History 2
Iroquois, Ont.



#1
MARGARET BARTHA
GOAL
5'8", 155 pounds
Sociology 1
Montreal



#20
BETH BEAGAN
RIGHT WING
5'4", 130 POUNDS
Diploma Sports
Administration 1
Falmouth, Mass.

MEET THE WOMEN'S STINGER HOCKEY TEAM



#25
MARTINE BÉRUBÉ
LEFT WING
5'4", 138 pounds
Geography 3
Jonquière, Que.



#6
KARYN BYE
RIGHT WING
5'8", 160 pounds
Diploma Sports
Administration 2
River Falls, Wis.



#11
LAURIE CARTMAN
RIGHT WING
5'6", 145 pounds
Therapeutic Recreation 5
Montreal



#14
SUSAN CARTMAN
DEFENCE
5'2", 135 pounds
Geography 2
Montreal



#15
KARI COLPITTS
LEFT WING
5'4", 128 pounds
Commerce 1
Calgary



#3
NANCY DESCHAMPS
CENTRE
5'8", 137 pounds
APSS & Human Affairs 2
Hawkesbury, Ont.



#4
LISA DEVISON
DEFENCE
5'6", 125 pounds
Commerce 5
Cambridge, Ont.



#21
CAMMI GRANATO
CENTRE
5'7", 140 pounds
Diploma Sports
Administration 2
Downers Grove, Ill.



#9
MICHELLE JOHANSSON
DEFENCE
5'5", 140 pounds
Diploma Sports
Administration 1
Walnut Creek, Calif.



#30
LESLEY JORDAN
GOAL
5'2", 110 pounds
Exercise Science 4
Westville, N.S.



#17
LISA JORDAN
LEFT WING
5'2", 112 pounds
Exercise Science 3
Westville, N.S.



#23
SUZANNE LEPAGE
LEFT WING
5'11", 165 pounds
Diploma Sports
Administration 1
Montreal



#19
ERIN LESLIE
DEFENCE
5'8", 160 pounds
French 1
Calgary



#10
JENNIFER PLUMB
DEFENCE
5'4", 130 pounds
Sociology 1
Ottawa



#16
ANNE RODRIGUE
CENTRE
5'6", 150 pounds
Biology 1
St. Georges, Que.



#24
KRISTINA RONSON
DEFENCE
5'7", 145 pounds
Commerce 1
Clayton, N.Y.



#7
KELLY RAE RYAN
DEFENCE
5'4", 150 pounds
Photography 2
Beaconsfield, Que.



SUPPORT STAFF
PETER LEVIDIS
STUDENT THERAPIST

CAMMI GRANATO – ONE OF THE BEST IN THE WORLD

By Donald McGowan

It would have to rank as one of the rarest twists in the history of college sports recruiting. Cammi Granato arrived at Concordia as the hunter, not the hunted.

In July of 1993, Granato – a star on the North American and international women's hockey scenes – was playing for the American national team at the U.S. Olympic Festival in San Antonio, Tex., following a four-year career at Providence College in Rhode Island.

In charting what path she wanted her career to take, Granato, a 23-year-old native of Downers Grove, Ill., wanted two things: to continue playing high-calibre hockey and to continue her education.

She arrived at Concordia in January 1994 and accomplished both.

"When I finished at Providence I knew what I wanted to do," Granato said. "I wanted to keep playing and finish my school. There aren't that many places in the U.S. to play after you finish college. There are teams, but they usually play once a week and competition isn't that great."

"I think I went after Concordia more than Concordia went after me."

Granato joined the Concordia women's hockey team for the second semester of last season — adding more punch to an already powerful unit — and began work toward a graduate diploma in Sports Administration.

"I spoke with her at the U.S. Olympic Festival and spoke to her parents and they told me she was interested in coming here," said Stingers head coach Les Lawton, who was at the tournament with the Canadian national team.

"Naturally I was quite happy. It's not every day that you have someone like Cammi Granato come up to you and say she wants to play for you."

Granato was a scholarship player at Providence from 1989 to 1993, building an impressive résumé along the way. She was the East Coast Athletic Conference Rookie of the Year in her freshman season and the Player of the Year in her final three. She was Providence's Female Athlete of the Year her senior season. She graduated as the school's all-time leading scorer.

She has played with the U.S. national women's team since 1990, winning three silver medals at the world championships.

"Even in my freshman year at Providence I heard about the possibility of playing up here after I graduated," Granato said. "I didn't think much about until my senior year, but I'm really glad I'm here now."

"There's no question that she's one of the top five players in the world right now," Lawton said. "She's so talented. You can put her on a line with anyone. She knows the game so well, sees the ice so well that she can play with anyone."

"She can score from anywhere. She's poison inside the blue-line."

It's not odd that Granato has excelled on the ice. Hockey is a family affair with the Granatos.

Tony grabs most of the attention, having played in the National Hockey League for the past six years with the New York Rangers and Los Angeles Kings. But Cammi is just as proud of Don and Rob, who played college hockey at Wisconsin (Tony's alma mater, too). Don was a member of the Badgers' 1990 NCAA championship team.

"People are always asking me about Tony," she said, "but it doesn't bother me a bit. I'm really proud of all them. I can brag about my brothers all day."

Cammi's rising star in the women's hockey community, and Tony's NHL connection, allowed Cammi to do something every hockey fan dreams of.

The Kings and the Mighty Ducks of Anaheim played a pair of charity games last year to aid in the relief efforts following forest fires that ravaged Malibu, Calif. Cammi played, too, and found herself with a new linemate – Wayne Gretzky.

"I'd have to say that it's one of the highlights on my career," she said. "Just getting a pass from him is tough to put into words. He sent me in on a breakaway and I was so overcome that I didn't think I could shoot. Actually, I can't even remember if I scored or not."

Granato has become a star in elite women's hockey – a personality in a sport that is still gaining exposure and acceptance. She has her own hockey card and has been featured at card shows with Tony.

"It's just a fun thing really," she said. "The company approached us and wanted to do one with me and Tony. Then they decided they wanted to do one just with me. I used to collect cards so I get a kick out of it."

Keeping her game sharp at Concordia, Granato has her eye on playing for the U.S. team and the 1998 Olympics. Then she might head to the broadcast booth.

"I been in touch with a few people, but it's still very early," Granato said. "That's definitely something I'd like, but that's down the road. I want to concentrate on playing first. After I finish playing I want to stay involved in the sport. I'd like to get involved with an NHL team or something like broadcasting. I mean I love hockey."



Pictured above, two of the three Cammi Granato cards on the market.

FRANCOPHONE PLAYERS – ENJOY SUCCESS AT CONCORDIA

By Donald McGowan

It's safe to say the French Connection has done more for the Concordia women's hockey team than it did for Gene Hackman.

Francophone players played a large role as the Stingers moved from the club level in the early 1980s to where they now rank as the premier women's team in North America.

For francophone players who come to the school and for the Stingers, it's a marriage made in heaven.

"We've had a lot of francophone players come through our system," Stingers head coach Les Lawton said. "For us (recruiting francophone players is an area we can tap for talent that a lot of other schools can't.

"If you're a football coach and you're recruiting a top player in Ontario, you can recruit and talk to him, but he still might end up going to Western or somewhere else. There's so much competition.

"But for us," he added, "we're lucky. A lot of players want to come here."

And the main reason they do? Call it killing three birds with one stone.

Concordia offers the francophone player a unique opportunity to complete a university program, learn English and continue playing high-calibre hockey – all at the same time.

Stingers Martine Bérubé and Anne Rodrigue know this scenario well.

Bérubé came to the Stingers in January 1992 as a unilingual francophone from Jonquière, Que. It was struggle early on, but the initial woes are paying dividends now.

"The first semester was the worst," said Bérubé, a 22-year-old who is majoring in geography, with a minor in history. "Going from CEGEP to university is a big step alone, but to do it not knowing any English, I didn't realize how difficult it would be."

Rodrigue, 21 and from St. Georges de Beauce, Que., is a first-year biology student who, despite being a unilingual francophone, wanted to play for the Stingers and study at Concordia.

"Concordia is a good program," said Rodrigue, whose English is still developing. "I want to play for the Quebec team or maybe the national team. I can do that here."

As far as learning a new language, the team helps, too.

"I learned most of the English outside the class," Bérubé said. "At first I wasn't able to speak in class. I didn't understand anything. But at practice, you talk to the players and the coaches and you learn much faster. I think without the hockey, the process is slower."

And it's a two-way street, the unilingual players from out of province and south of the border are picking up a little French, too.

"We speak a little bit of French, a little bit of English and we all understand," Rodrigue said.

WOMEN'S COACHING STAFF – EXTRA CURRICULAR ACTIVITIES BENEFIT STINGERS

The coaching staff of the Concordia University women's hockey team has done a lot for women's hockey in Quebec and in Canada, and in turn, their involvement in elite programs has reaped benefits for the Stingers.

Head coach Les Lawton was an on-ice instructor at the Quebec junior (under 18 years of age) evaluation camp in 1991. He was the tournament coordinator at the inaugural junior national championship held at Concordia in February of 1993. In August of that year, he took a Canadian development team down to San Antonio, Tex., to compete in the U.S. Olympic Festival, and the biggest feather in his cap is his success as head coach of the Canadian team that won the gold medal in the world championships last April.

Assistant coach Julie Healy also has an impressive résumé. The highlights include being head coach of the Quebec junior team in 1992, being named head coach of the Quebec team in the fall of 1994 and being accepted into the national professional development coaching pool, also in the fall of 1994.

"Coaches only learn if they're challenged," Healy said. "The level of competition you face at nationals or worlds gives you the kind of challenges you need to develop as a coach."

"For example, I notice a difference in Les (Lawton) this year," she added. "There are new things our team is doing right now that I'm sure he learned when he was with the national team."

Perhaps the biggest plus for Concordia involves recruiting.

"The players come to us," Healy said. "It's made us more visible. People know more about our program and we get a lot more people interested in coming to Concordia."

"Any player we've got here in the last little while – Martine Bérubé, Anne Rodrigue, Cammi Granato, Karyn Bye – has come here because of the visibility of Concordia and our coaching staff."

Concordia's reputation as the best women's program in North America will only continue to grow. The third member of the Stingers' coaching staff, Caroline Blanchet, is now involved with the Quebec team, too. She was named an assistant coach in the fall of 1994.

THE CCM EXPERIMENTS – OF GUINEA PIGS, MARK MESSIER AND SKATES

If Mark Messier's skating has looked a little better the last little while or Adam Oates seems faster than you thought these days, you can thank the Concordia Stingers men's hockey team.

The Stingers have been guinea pigs of sorts for CCM. They have been testing glove materials, shin and elbow pad designs and functions, hockey pant and sweater material, and hockey sticks. One of the biggest projects they helped develop was the RT652P hockey skate, also known at the Pump Tack, which is worn by professionals like Messier, Oates, Mathieu Schneider, Kevin Stevens, Cam Neely and Brendan Shanahan.

Ken Hall, the project manager responsible for hockey product testing and development, decided he would like to use the Concordia Stingers to test his products four years ago.

"When ideas are conceived, you need a test market," he explained

He chose to work with university hockey players instead of Quebec Major Junior Hockey League skaters for several reasons.

"They offer a little more maturity than the juniors," Hall said. "The (feedback) from the players is better thought out and the fact that they are on the ice five or six times a week gives you a lot of rigorous hours in a short period of time."

Hall also like the enthusiasm shown by the players. He was pleasantly surprised to find himself helping several students with their school projects.

"There was a lot of interest from the players," he said. "Many are in marketing or are taking business courses. Many of them take what we're doing and turn it into a project at school."

If the players studied CCM's methods closely and learned from its approaches, they should've received top marks on their class projects. For that's exactly what any professor would have to give CCM for its highly successful Pump Tack program.

"In its first year on the market, (the Pump) was the highest selling hockey skate in its category, which is high-end skates designed for amateur and professional hockey players," Hall said.

The CCM-Concordia research project is on-going. Long-term testing is still taking place and new products are being developed.

The Concordia women's team is getting more involved with CCM, which wants to design equipment to meet women's needs. The company is very interested in developing skates for women, which Hall says must be light, comfortable and easy to break in.

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The Loyola Arena, 7200 Sherbrooke St. W, 848-3850

1993-94 STATISTICS

MEN	No.	Name	GP	G	A	Pts.	PIM	PP	SH	WG	EN
	20	Balleux	37	23	25	48	48	12	2	4	0
	21	Picard	38	22	17	39	47	7	4	1	3
	25	Martineau	30	14	24	38	97	4	3	2	1
	14	Queenton	38	18	10	28	22	4	1	1	0
	4	Potts	37	7	18	25	28	3	0	4	0
	23	Szabo	35	10	11	21	94	4	0	1	0
	8	Miller	38	8	12	20	18	0	1	1	0
	6	Therrien	37	3	17	20	93	3	0	0	0
	9	Brunet	31	6	13	19	6	1	0	0	0
	15	Salhany	26	7	10	17	48	4	2	0	0
	22	Rochette	38	5	12	17	154	3	0	0	0
	19	Fillion	23	5	11	16	34	2	1	2	0
	10	Mizrahi	33	9	5	14	6	0	0	1	1
	7	Chlebus	27	5	7	12	20	0	0	0	1
	12	Lees	37	5	7	12	38	0	0	1	0
	2	Langston	38	1	11	12	82	0	0	0	0
	31	McGuire	16	2	4	6	33	0	0	1	0
	17	Fournier	26	2	4	6	44	0	0	0	0
	5	Smith	33	1	5	6	98	0	0	0	0
	11	Croll	6	2	2	4	21	0	0	0	0
	18	Guindon	14	1	2	3	16	1	0	0	0
	3	de Grandpre	19	0	2	2	26	0	0	0	0
	26	Pohorly	24	0	2	2	41	0	0	0	0
	30	Lepine	12	0	1	1	14	0	0	0	0
	1	Karitsiotis	29	0	1	1	14	0	0	0	0
	16	Albright	1	0	0	0	0	0	0	0	0
	29	Betts	2	0	0	0	4	0	0	0	0
		Concordia	38	157	233	390	1154	48	14	20	6
		Opponents	38	139	227	366	1042	54	6	16	5
	No.	Goalie	W	L	T	GP	Min.	GA	Ave.	Saves	Pct.
	30	Lepine	5	3	0	12	533	28	3.15	245	.897
	1	Karitsiotis	14	13	1	29	1642	98	3.58	799	.891
	29	Betts	2	0	0	2	120	9	4.50	39	.813
		Concordia	21	16	1	38	2295	135	3.53	1083	.889
		Opponents	16	21	1	38	2293	159	4.16	1167	.880
WOMEN	No.	Name	GP	G	A	Pts.	PIM	PP	SH	WG	EN
	10	Bye	40	43	43	86	24	9	0	9	0
	25	Berubé	44	36	31	67	16	9	1	5	0
	2	Granato	20	28	32	60	14	13	0	5	0
	17	Jordan	43	14	35	49	14	4	0	4	0
	3	Deschamps	44	16	32	48	34	6	0	0	0
	19	Leslie	36	28	19	47	22	4	0	3	0
	11	L. Cartman	43	18	28	46	20	4	0	4	0
	15	Rodrigue	44	16	30	46	18	3	1	2	0
	4	Devison	42	0	19	19	30	0	0	0	0
	9	Bedard	39	5	11	16	12	1	1	2	0
	7	Ryan	38	3	13	16	36	1	0	1	0
	6	Brûlé	44	6	8	14	16	1	0	1	0
	18	McKernan	41	2	11	13	36	0	0	0	0
	14	S. Cartman	44	2	9	11	12	0	0	1	0
	5	Barkley	43	3	4	7	8	0	0	0	0
	21	Robinson	39	2	4	6	6	0	0	0	0
	1	Roy	33	0	1	1	2	0	0	0	0
	8	Brunet	1	0	0	0	0	0	0	0	0
	30	Jordan	13	0	0	0	2	0	0	0	0
		Concordia	44	222	330	552	326	55	3	37	0
		Opponents	44	51	85	136	205	12	1	3	0
	No.	Goalie	W	L	T	GP	Min.	GA	Ave.	Saves	Pct.
	30	Jordan	12	0	1	13	749	14	1.12	172	.925
	1	Roy	25	3	3	33	1910	37	1.16	538	.936
		Concordia	37	3	4	44	2659	51	1.15	710	.933
		Opponents	3	37	4	44	2658	221	4.99	1114	.834

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The Prolite 3[▲] skate blade is the result of three years of extensive research by CCM* engineers. Featuring a unique offset sole design system, the Prolite 3[▲] has been anatomically designed to provide improved foot alignment, stability and balance to your stride.

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"InstapumpTM" inflation system. By directing pressurized CO₂ into the ankle and tongue inflation chambers, the RT652[▲] can be instantly customized to an exact fit every time you wear them.

Get on the cutting edge today with the new RT652[▲] Tacks from CCM*.



CCM

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WOMEN'S HOCKEY - THE BEST IN NORTH AMERICA

By BRIANNA DAVIS

Without a doubt, Concordia University's women's hockey program is the strongest in North America, and it attracts the best players from Alberta, Nova Scotia, Ontario, Wisconsin, Illinois, California, Massachusetts and all points in between.

"I really believe we have the best team in North America," said head coach Les Lawton, who was also Team Canada's coach at the 1993 world championships. "It's the quality of the program. The ice time we get and our budget - compared to other teams - is far superior."

Concordia evolved from a strong provincial program to a strong national program after Lawton went on a recruiting trip to the Canada Games in Prince Edward Island in 1991. He convinced some exceptional talent to join his team in Montreal. For example, from Westville, N.S., the powerful Jordan sisters, Lesley and Lisa, are just two of the players who suit up for the Stingers as a result of Lawton's trip east.

Last season, the Stingers attracted two top American players, centre Cammie Granato of Illinois and right-winger Karyn Bye of Wisconsin, and their praise of the program has brought two more U.S. players up to Concordia. Michelle Johansson of Walnut Creek, Calif., will join the defensive unit, while winger Beth Beagan of Falmouth, Mass., joins the forwards. They will be great additions to the already powerful Stingers.

Lawton believes the Stingers' hard work ethic and the coaching staff makes the university the first choice for recruits.

"I think we really teach the game at both ends of the ice very well," he added.

In addition to having the strongest university team on the continent, Concordia also has the best women's hockey tournament in North America. The 27th annual Theresa Humes Tournament will be played in the Loyola arena from Feb. 3 to 5.

WOMEN'S HOCKEY PROSPECTUS

Head coach: Les Lawton

Assistant coaches: Julie Healy, Caroline Blanchet

Key veterans: Martine Berubé, Laurie Cartman, Lisa and Lesley Jordan, Karyn Bye, Cammie Granato

Newcomers: Kristina Ronson, Kari Colpits, Jennifer Plumb, Erin Leslie, Michelle Johansson, Beth Beagan

Strengths: A lot of returning players, two leading scorers returning (Martine Berubé and Karyn Bye)

Weaknesses: Inexperienced goaltending

Record in 1993-94: 15-0 in league play, 22-2-3 in non-conference games

Playoff record in 1993-94: 4-1-0, won championship



Joining the Stingers will likely be the New Hampshire Wildcats, the St. Lawrence Saints, the Queen's Golden Gaels, the Toronto Blues and the UQTR Patriotes.

The Stingers have won the tournament the last two years, beating out some of the top teams in women's hockey.

"Theresa Humes is a great tournament," said Lawton. "It allows us to bring together some national team members from both sides of the border and it's usually a well-fought tournament."

This season, the women's team has decided not to play in the Quebec Student Sports Federation league. Opting instead to look for stronger competition by playing an indepen-

dent schedule, which includes various hockey tournaments, games against top American universities and matches against some of Quebec's best women's teams.

Such a bold move will likely keep the best women players from both sides of the border coming to Concordia for years to come.



WOMEN'S HOCKEY HOME SCHEDULE

Friday, Oct. 14	6 p.m.	vs. Quebec Senior League
Friday, Oct. 28	6 p.m.	vs. Quebec Senior League
Friday, Nov. 11	6 p.m.	vs. University of Toronto
Friday, Nov. 18	6 p.m.	vs. Quebec Senior League
Friday, Dec. 2	6 p.m.	vs. Quebec Senior League
Monday, Jan. 2	TBA	vs. Dartmouth
Tuesday, Jan. 3	TBA	vs. Dartmouth
Wednesday, Jan. 4	TBA	vs. Providence
Thursday, Jan. 5	TBA	vs. Providence
Friday, Feb. 3		Theresa Humes Invitational
Saturday, Feb. 4		Theresa Humes Invitational
Sunday, Feb. 5		Theresa Humes Invitational



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CONCORDIA VARSITY ATHLETE THERAPY CLINIC

Every time you see a volleyball player go for the kill or a quarterback roll out and throw a long bomb, you can't help but admire their athletic prowess. But these are also signs of top-rate athletic therapy and strength and conditioning programs.

According to head athletic therapist Ron Rappel, the role of the Concordia Varsity Athlete Therapy Clinic is twofold. Through preparation, training and testing, the clinic staff is able to cut down on injuries and ensure that Concordia varsity athletes are in peak performance shape. The therapists also rehabilitate injured athletes as quickly as possible.

In addition, athletic therapist Scott Livingston runs a strength and conditioning program for varsity athletes. He works on conditioning athletes 12 months a year and tries to install in them a lifetime approach to fitness.





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ACADEMIC SUPPORT



"How can I concentrate on writing a good assignment when one red sock ruined a whole load of whites."

That's just one of the many unusual comments student athletes brought to Anna Johansson, who co-ordinates Concordia University's Student Athlete Academic Support Program (SAASP). The program includes a learning lab where student athletes can come on a regular basis or as needed to work on assignments. There's also a reference library and help is available to assist in locating tutors and to discuss academic concerns and strategies.

The program, now in its third year of existence, is designed partly for newcomers and those making big transitions. For students starting at a large English university in a big city like Montreal, the challenges and changes are enormous. Many athletes are willing to take on these challenges because they want to be part of the strong Concordia athletic programs.

"Often the people I work with are leaving a girlfriend at home, leaving their mother for

the first time," said Johansson, who recently completed her graduate diploma in adult education. "Some are miles away from home and some don't understand English."

Part of Johansson's job is to make sure that, despite all the new pressures, academics is the top priority.

"The student athletes need to realize three or four hours of studying a week is not enough," she said. "That's a lot of what the counselling is about — time management and encouraging them to study."

Johansson is responsible for running a series of orientation and skills workshops to get everyone off on the right foot. One workshop covers university orientation, student services, study skills and preparing for exams. Transition and time management workshops are organized as are library tours and discussions on research.

The program is also designed to follow up on student athletes on probation or in academic jeopardy. Coaches join Johansson in keeping track of these problems. Athletes are expected

to drop by the learning lab every two weeks, where they are asked questions like "Have you been paying attention in class?" and "Have you started work on your first assignment?"

The results have been encouraging. Many students who have fallen behind in class work have been brought back from the brink. They have successfully been encouraged to become better note-takers, better listeners and more self-sufficient.

Perhaps what best illustrates the program's success is the number of students who turn to Johansson and the learning lab.

"The student athlete response has been amazing," she said of the more than 394 individual visits she had from athletes last year. "SAASP is a great tool and it's very rewarding to see so many students take advantage of what the program has to offer."



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MAJOR AWARD WINNERS

Denise Beaudet Award – Elfrida Taylor
Ron Lapointe Award – Robert Ferguson
Female Rookie of the Year – Eva Samore
Male Rookie of the Year – Maxime Bouchard
Female Athlete of the Year – Natascha Wesch
Male Athlete of the Year – Paul Chesser
Fittest Female Athlete – Ginnie Brulé, Karyn Bye
Fittest Male Athlete – Dennis Pitselis

MERIT AWARDS

Ginnie Brulé
Eric Corej
Tanya Guitman
Julie Kinsella
Laura Morrison
Mike Noble
Derek Potts
Chris Rose
Anne Szili
Emerson Thomas

MEN'S BASKETBALL AWARDS

Rookie of the Year – Maxime Bouchard
MVP – Robert Ferguson

WOMEN'S BASKETBALL AWARDS

Rookie of the Year – Eva Samore
MVP – Patricia Demers, Tanya Guitman

FOOTBALL AWARDS

Rookie of the Year – Louis Daniele
MVP – Dennis Pitselis

MEN'S HOCKEY AWARDS

Rookie of the Year – Martin Balleux
MVP – Derek Potts

WOMEN'S HOCKEY AWARDS

Rookie of the Year – Anne Rodrigue
MVP – Karyn Bye

MEN'S RUGBY AWARDS

Rookie of the Year – Mathieu Garston
MVP – Anthony Clark

WOMEN'S RUGBY AWARDS

Rookie of the Year – Lara Falquero
MVP – Laura Morrison

SKI TEAM AWARDS

Female Rookie of the Year – Cassandra Price
Male Rookie of the Year – Ryan McGraw
Female MVP – Cassandra Price
Male MVP – Duane Baird

MEN'S SOCCER AWARDS

Rookie of the Year – Mario Lombardi
MVP – Glen Cambell, Chris Rose

WOMEN'S SOCCER AWARDS

Team Player – Isabel Marquis
MVP – Sandra Tuppert

TRACK AND FIELD AWARDS

Female Rookie of the Year – Lara Penno
Female MVP – Maria Isabelle Noel
Male Rookie of the Year – Yasser Leheta
Male MVP – Derek Marinos

VOLLEYBALL AWARDS

Rookie of the Year – Catherine Chan
MVP – Cassandra Bardo

WRESTLING AWARDS

Rookie of the Year – Anthony Carelli
MVP – Jason Della Rocca

CONCORDIA SUMMER SPORTS CAMP

The Loyola Campus of Concordia University is alive with the sound of children's laughter every summer. Beginning this June, the Concordia Summer Sports Camp will again liven up the N.D.G. campus.

The camp offers children from the ages of five to 13 a wide variety of sports and leisure activities including: soccer, swimming, basketball, badminton, football, cosom hockey, baseball, lacrosse, handball, tennis, frisbee, gymnastics, track and field, and playground games. The camp also has arts and crafts. The staff, in its efforts to make camp a memorable experience, puts together special events on Friday afternoons. Carnivals, Olympics and other great activities are set up.

The camp director is Pat Sheahan, a father of three school-age children. He brings to Concordia an extensive background in camp administration, teaching and coaching. He and his staff of hand-picked counsellors will ensure that each child has "the summer experience of a lifetime."

To find out more about the two-week summer sessions, call the Concordia Summer Sports Camp at 426-0205 or at 848-3859 after June 1.



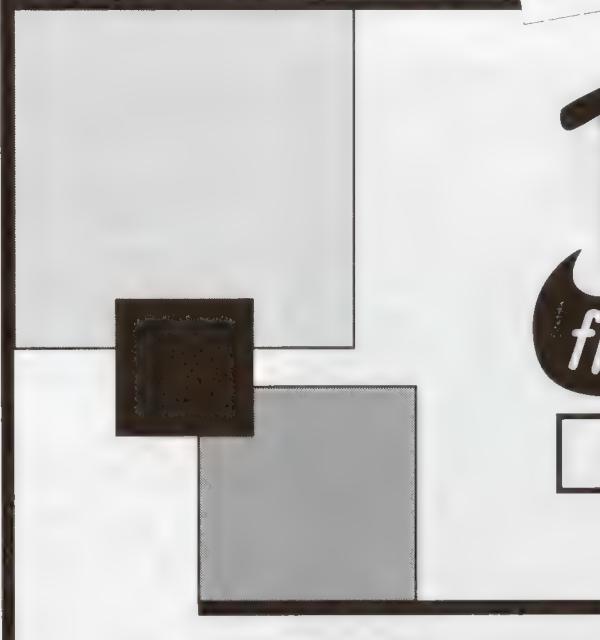
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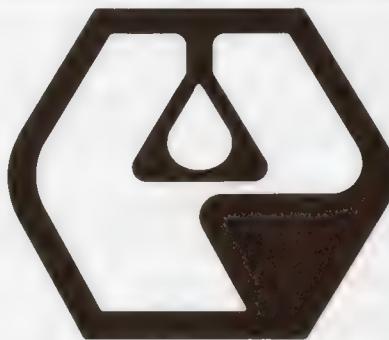
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Course	Day	Time	Student/Staff/Other
Morning aerobics	Tues. & Thurs.	8 to 8:50 a.m.	\$20/\$25/\$30
Lo impact	Mon., Wed. & Fri.	noon to 1 p.m.	\$30/\$45/\$70
Cardio muscle	Tues. & Thurs.	noon to 1 p.m.	\$25/\$35/\$50
Hi/lo impact	Mon., Wed. & Fri.	1 to 2 p.m.	\$30/\$40/\$60
Total body workout	Tues. & Thurs.	1 to 2 p.m.	\$20/\$30/\$40
Dance hip-hop I,II,III	Mon. & Wed.	5 to 6 p.m.	\$25/\$35/\$50
Body shaping aerobics	Tues. & Thurs.	5:10 to 6:05 p.m.	\$25/\$35/\$50
Contemporary dance	Mon. & Wed.	6:15 to 7:30 p.m.	\$50/\$60/\$70
Classical ballet	Tues. & Thurs.	6:10 to 7:30 p.m.	\$40/\$50/\$70
Ballroom dance	Fri.	5:15 to 7:15 p.m.	\$35/\$45/\$60
Yoga	Tues.	5 to 6:30 p.m.	\$20/\$30/\$50
Tai Chi	Mon. & Wed.	6:15 to 7:30 p.m.	\$25/\$30/\$45
Kung Fu	Mon. & Fri.	6 to 7:30 p.m.	\$50/\$60/NA
	Wed. & Fri.	noon to 1:30 p.m.	\$50/\$60/NA
	Wed.	7:30 to 9 p.m.	\$50/\$60/NA
Martial arts club (beg.)	Mon., Wed. & Fri.	6:15 to 7:15 p.m.	\$50/\$60/\$80
Martial arts club	Mon., Wed. & Fri.	7:30 to 10:30 p.m.	\$80/\$90/\$100
Women's self defence	Sat.	10 to 11:30 a.m.	\$20/\$30/\$50
Basketball (recreational)	Mon. to Sat.	2 to 5 p.m.	\$15/\$15/\$40
Basketball (league)	Tues. & Thurs.	7:45 to 10 p.m.	\$25/\$35/\$55
Swimming	Mon. to Sun.	TBA	\$20/\$25/\$NA
Triathlon club	Mon., Wed. & Fri.	TBA	\$50/\$75/\$100
Weight room	Mon. to Fri.	9:15 a.m. to 10 p.m.	\$20/\$25/\$45
Fitness instruction	Sat.	noon to 5 p.m.	\$20/\$25/\$45
	Fri.	6 to 7 p.m.	\$15/\$25/\$30

LOYOLA ATHLETIC COMPLEX, 7200 SHERBROOKE ST. W., 848-3858

Course	Day	Time	Student/Staff/Other
Aerobic fitness	Mon., Wed. & Fri.	12:05 to 1 p.m.	\$30/\$35/\$50
Light impact	Tues. & Thurs.	12:05 to 1 p.m.	\$20/\$25/\$40
Power hour aerobics	Mon. & Wed.	5 to 6 p.m.	\$20/\$25/\$40
Badminton	Sun.	7:30 to 10:30 p.m.	\$15/\$15/\$25
Basketball	Tues. & Thurs.	7:30 to 11:30 p.m.	\$25/\$30/\$55
Broomball	Fri.	10 a.m. to 2 p.m.	\$20/\$25/\$40
	Sun.	4 to 8 p.m.	\$20/\$25/\$40
* Ice hockey	Thurs. to Sun.	TBA	** \$50/\$60/\$100
Indoor soccer	Wed.	8 to 11:55 p.m.	\$20/\$25/NA
Karate	Tues. & Thurs.	6 to 7:30 p.m.	\$35/\$40/\$50
Outdoor club	Sat. & Sun.	TBA	TBA
Touch football	Sun.	4 to 8 p.m.	\$15/\$20/\$30
Volleyball	Mon.	8 to 11 p.m.	\$20/\$25/\$30
	Fri.	7 to 10 p.m.	\$20/\$25/\$30
Weight room	Mon. to Fri. & Sun.	10 a.m. to 10 p.m.	\$20/\$25/\$45
Fitness instruction	Mon. to Fri.	By appointment	\$15/\$25/\$30

Day passes cost \$2 for students, \$3 for staff and \$5 for others.

Please note - prices listed are for one semester.

** Ice hockey fee is for two semesters.

* Teams must contact Mike Rinaldi at 848-3858 beginning at noon Sept. 6 to register.

Prices, times and days are subject to change

Loyola office hours and registration: Monday to Friday from 9:15 a.m. to 9 p.m.

Victoria Gym office hours and registration: Monday to Friday from 9:15 a.m. to 10 p.m. and Saturday from noon to 5 p.m.

CAMPUS RECREATION

The campus recreation program at Concordia University offers students, staff, alumni and the local community a wide variety of programs throughout the academic year (fall, winter, spring). Activities are offered at both the downtown and Loyola campuses.

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But which one to choose from? To make things easier, there are three open houses during the academic year. They take place Sept. 19 to 24, Jan. 16 to 21 and May 8 to 13. Students staff and faculty are welcome to try a class free of charge.

Keep in mind some activities fill up rather quickly, so you are encouraged to sign up as soon as you know which activity suits you.

REGISTRATION

Loyola Gym
7200 Sherbrooke St. W.

848-3858

The office is open Monday to Friday from 9:15 a.m. to 9 p.m.

Victoria Gym

1822 de Maisonneuve Blvd. W.
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The office is open Monday to Friday from 9:15 a.m. to 10 p.m. There are also office hours Saturdays from noon to 5 p.m.



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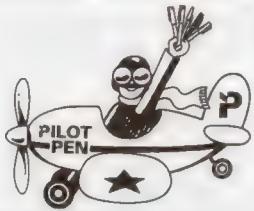
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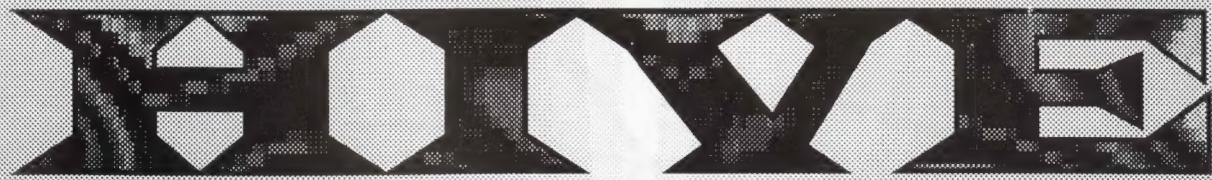
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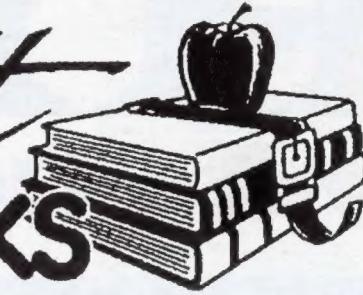
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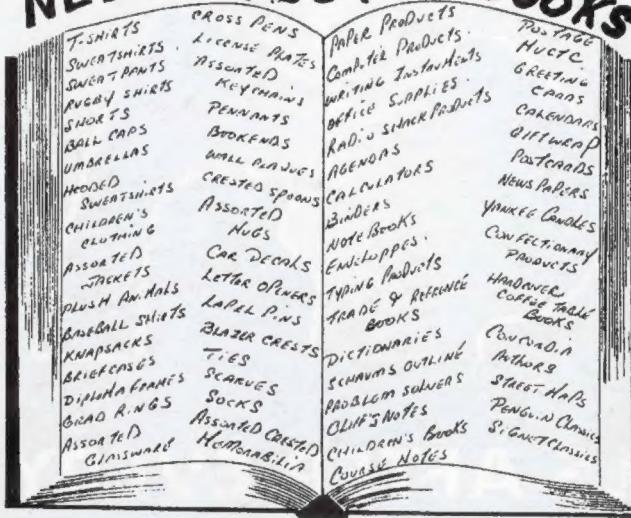
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